**SUMMER** 2005



Members of St. Andrew's Rostrevor / Charlemont Street made their yearly pilgrimage to Wexford. This being the 2nd year. A lot of local trips took place, such as Vinegar Hill (pictured above), Hook Head, Waterford Shopping trip, also a lot of activities took place in the Ferrycarrig Hotel, for instance; Bingo each night, Singalongs, various music nights. The atmosphere between everybody was so heartening and friendly. The 5 days and nights flew by so quickly. A special thank you to Pearse Street Gardai, Inspector Eamonn Murphy, Sergeant John Shovlan, Declan O'Rourke, Betty Watson, Betty Ashe, Alice Bregazzi, Mrs. Carmody, sponsors and all the volunteers for their hard work and dedication. On behalf of their communities this very unique trip will take place next year and long may it continue!! See Picture Special on page 23. (By Paddy McGauley)

#### Wishing all Readers a very Happy South Dock Festival and Summer Activities

EDITOR: PATRICK McGAULEY PHOTOS: PADDY GIBSON, NOEL WATSON SECRETARY: ANN MAHER THE NEW LINK, ST. ANDREWS RESOURCE CENTRE, 114-116 PEARSE STREET.

Telephone: 677 1930. Fax: 671 5734

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**ARTICLES:** The New Link Magazine would like to hear your news and views. Send in any newsworthy stories or photos. The New Link tries to publish all appropriate information submitted, but may be precluded by space constraints.

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Wishing the Community a
Very Happy South Docks
Festival and Summer
Activities
from Albert,
Family
and Staff

### **SUMMERTIME**



Elderly, Home Help Service, Computer Training Centre, Heritage and Research programmes, C.E programmes and much more.

Some of the activities also available include: Tai Chi, Aikido, Karate, Irish Dancing, Weight Watchers, Creative Writing, Reiki, Dancing Classes, Free Legal Aid, AA Meetings, Public Representatives Clinics, Public Health Nurse, Child Welfare Clinic, Vegetarian Food Market held every Saturday in the Main Hall, Bingo and much more.

So Summer is upon us yet again. Let's hope this year we get a Summer to remember, we could all certainly do with a bit of Sunshine. We look forward to the **18th South Docks Festival** which takes place from the 25th - 29th July, the Summer Activities organised by the Summer Activities Committee which runs throughout the Summer, the Talk About Youth Project's "Summer Buzz" and the many other events and activities that will take place in the Docklands over the coming Months.

The Centre has been very busy over the last few months and refurbishment works have been continuing. The New Cyber Caf is now up and running as is our New IT Training Centre. A wide range of services and activities are available for all ages. These include: Childcare Centre, Adult Education Classes, Job Centre, Youth Service, Welfare Rights and Information, Day Centre for the

Our Heritage Project continues to research and document the changing faces of our community. Many exhibitions are now on permanent display in the Centre including: The Working Docks Exhibition—A history of the Docks, Entertainment through the Ages — A journey back in time tracing the many Theatres and Cinemas which once graced the streets of Dublin, Darkest Dublin Collection—The changes which have taken place in our community over the last 100 years.

Also on display is the Model of the Gasometer built to scale from metal sheets from the original Gasometer, Model of Pearse Street circa 1900, The Diving Bell and the Daniel O'Connell Model, all built by the late Dick Vekins, our good friend and master craftsman.

The Centre is open Monday - Saturday 8.00am - 10.00pm and on Sundays from 10.00am - 8.00pm. Drop in at any time and have a cuppa, view the many exhibitions on display and maybe sign up for one of the many classes or activities taking place. If you have any ideas for new activities which you would like to see happening please let us know we would be delighted to hear from you.

Have a great Summer!



#### S.O.S. CALLING ALL Ex-JOHNVILLE F.C. PLAYERS AND MEMBERS

Dear Editor,

One of the Greatest Schoolboy Football Teams that should never be forgotten in Soccer History was the great 'Johnville F.C.' founded by John Jo McCarthy.

John Jo was originally from the Liberties and named his now famous nursery after John's Lane, which you will recall was adjacent to John's Lane Church, famous for Miracles ???

Johnville F.C. supplied numerous Irish International Soccer Players, such as - Arthur Fitzsimons, Andy McEvoy, Ronnie Nolan, Jerry Mackey to name but a few.

When the old fox 'John Jo' who had a sharp eye for a future talent became infirm he handed over the task of continuing on the good work to the Gentleman of Schoolboy Football, the great 'Jem Kennedy'.

Jem as he was known was often seen during the Off Season recruiting new Players all over Dublin on his Gas Company Bike, much to the disenchantment of other schoolboy clubs. He often spoke of how he gave the great Georgie Lynam a lift on his crossbar to the fifteen acres to play on Saturdays/Sundays.

This is a call to all ex 'Johnville' Players presently and formerly living in the area to consider a reunion with a view to having a good old get-together, and re-living the past.

Come on Lads, pick up the Phone and contact:

Richie Corrigan on – 086 - 2495582 for further information.

Many Thanks.

# Your Local Fianna Fáil Team



Eoin Ryan T.D., M.E.P. Dáil Eireann Dublin 2
Tel: 01 618 4375
eoinryan@oireachtas.ie

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Councillor Gar ry Keegan, Tel: 01 478 1325 info@keegan2007.ie

Eoin and Garry wish the Community a very Happy South Docks Festival and Summer Activities

### ST. ANDREW CHILDCARE NEWS

Hi Everyone,

This is our Childcare News. Since our last newsletter we had our big Toddle Walk which took place on Friday 13th May 2005 all our children from the morning and afternoon groups took part. It was good fun. A big thank you to everyone who sponsored the children. We raised 800.00 Euros which goes to Barnardos, Irelands largest children's charity. We would like to welcome our 2 new Afternoon C.E. staff. They are Dionne Carpenter and Karen Oglesby.

Our summer trips have started. Last Friday 3rd June the first group of children and staff went to Glenroe we



all had a great day. The next two groups are going to Newbridge House, which has a farm and adventure playground. Our afterschool children will be going on the Viking ship. We had our parent's night on the 19th April 2005.

for new children starting September 2005. All our places are full. We look forward to seeing everyone at the south docks festival. Have a great Summer

#### **Martina McKenna**

Childcare Manager





#### JIMMY'S SUPERSTORE

136 PEARSESTREET

Wishing the Community a very Happy South Docks Festival and Summer Activities

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Alan and Family wish the Pearse Area Community a very Happy South Docks Festival and Summer Activities

he gut is known as the gastro intestinal tract by doctors and it could be regarded as the biggest organ in the body. On the other

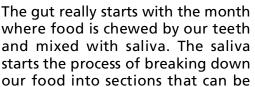
M.B., D.C.H., D.O., M.R.C.G.P., M.I.C.G.P
YOUR COMMUNITY DOCTOR

Doctor O'Cleirigh

the stomach and goes into the next part of the gut which is called the duodenum. This is the start of the small

The food now leaves

hand it could be regarded as a group of organs with the stomach, the large bowel and the small bowel all being organs that have a completely different function. Either way you look at it, the gut needs a lot of explaining. bowel which can be up to 40 yards long. It is in the small bowel that most of the nutrients are absorbed from the food into our bloodstream. The food entering the duodenum obviously contains a lot of acid and once again the lining of the duodenum is not designed to deal with this acid, so duodenal ulcers are the next most common medical problems. So now we have the acid burning the oesophagus or gullet, the stomach itself and the



duodenum.

absorbed into the bloodstream. Once it has been chewed and covered in saliva we then swallow it into the stomach where the next stage of digestion occurs. The food goes down through the gullet which is called the oesophagus and into the stomach.

Obviously the best way to deal with ulcers is to stop the acid being produced in the first place. Diet can help because we mentioned the foods that can cause a lot of acid, but in most cases medication is needed. To start with, you use antacids such as Maalox or Gaviscon. These are simple medicines that neutralize the acid and stop the burning. Then we have medication such as Tagamet or Zantac. These tablets were so popular in their day that Zantac sold so much that the company became the biggest drug company in the world at that time. Now we have new drugs such as Omeprazole which is so effective that ulcers are rarely happening. There was once a time that you went into hospital to have an operation to remove your ulcer but that is now in the past because of the effectiveness of the various tablets.

The stomach plays a very important part in the digestion of food. There are cells in the lining of the stomach which produce acid. If this acid touched any other part of the body it would burn it, but the stomach also has a special lining that can withstand this acid. Sometimes this acid comes up into the oesophagus and the lining there is not able to withstand it so it causes a burn. This is what people call heart burn or reflux oesophagitis to give it its proper medical title. Acid comes from the stomach after we eat so heart burn is more common after meals.

As mentioned before, all the nutrients from our food is absorbed into our blood stream in the small intestine, so when it arrives in the large intestine all that is left is waste product. This stays in the large intestine until we go to the toilet. Normal bowel habit is considered to be at least one good bowel movement per day. However our diet in the western world does not contain enough fibre so many people may not pass a motion every day. Fibre is not absorbed in from the gut so it gathers in the large intestine, producing more waste product and therefore leading to more bowel movements. This is the reason why it is important to have enough fibre in our diet. Fruit and vegetables, whole wheat brown bread and high fibre breakfast cereals are the best source of fibre so it is important to eat these every day.

Ulcers are also caused by acid burning the stomach lining. There can be a lot of reasons why this happens. Some foods may cause a lot of acid to be produced such as curries and hot spicy foods. Alcohol is also well known to produce too much acid, as does cigarette smoke. In other cases it may be tablets that the person is taking. Arthritis tablets like Voltarol or Brufen are well known to cause ulcers as are Steroid tablets. Finally there is the whole question of stress and the part it plays in ulcers.

Research has shown that stress can produce extra acid in the stomach and any extra acid can cause ulcers so clearly stress can produce ulcers. Ask any Leaving Cert students and they will give you the answer.

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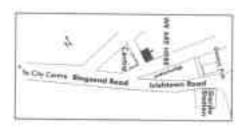
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### PEARSE RANGERS F.C.

Last season Pearse Rangers had an additional two teams which brought the total number of teams to eight.

The two new teams were at under 7 & under 8 age levels. When it was first advertised that we would be setting up these two teams we would have never expected the interest that was shown by both the players and the parents. From the early summer the two teams began training and preparing for what was their first season in football.

The under 7s the were managed by both Harry Eager & Craig Reilly who gave their time to train the team during the week and to manage them at the weekends. In their first year the lads did extremely well. They managed to finish third in their league and were unlucky not to get second. But at this age it is not about winning, it's about participation. The managers in nearly every game had so many players that they would have to play a totally different team in the second half of matches in order to give every player a fair amount of time on the pitch.

The under 8s managed to finish second in their league. They were managed by both Lee Tormey & Stephen Mooney who like the other lads gave their time up during the week and at weekends to manage the team. They were also as fair as the under 7s in that in every game each player had a fair amount of time on the pitch.

Our under 10s had a great year this term as they won their league beating Lourdes Celtic to the league title. Managed by Paul Mooney this team only suffered one loss throughout the whole league campaign. This time now go on to play a full 11 a side next year which is always difficult, but they have the ability within the team to make this big step.

Our under 12s did well to maintain their position in the league this year. In what was their first year in 11 a side they were put into the 12 A1 league in DDSL. After recruiting a lot of new faces to the team the two managers Scott Foley & David Hogan knew it would be a long season but the lads managed to hold their own in a tough league.

The under 13s team continue to show their improvement as they more than held their own after they were promoted the previous year. They beat the likes of St Kevins in the league this year and were unlucky not to get 2nd place. However manager Joan Swaine will be delighted with the teams performances.

Our under 16s team gained promotion to the Major league this year in what was a long hard season. Even though the were promoted, the lads were disappointed as in a play off for second place a last minute winner cost

them second place. However the lads are more that capable or doing even better in the Major as Manager John Griffin will have his team well drilled for the year ahead.

Our under 15s team will feel that they under achieved this year even though they finished third in the Premier league this year. Having beaten all of the top teams in the league quite comfortably they dropped points to the lower teams in the league which ultimately cost them dearly. As it was their last year together with Pearse Rangers and due to the fact they have been together since under 7 all the way through, a special Black Tie Dinner Dance was held in the Holiday Inn Hotel.

On the night Irish International, Graham Kavanagh presented all the players with their jersey which had been framed for the occasion. Also present was the Gary Learmouth Memorial Trophy in honour of the late Gary Learmouth, who was a player and close friend to everyone involved with Pearse Rangers.

Also on the night a special presentation was made to Mr Christy Canavan and his wife Jean. Christy who was a founding member of Pearse Rangers decided that it was time to retire at the end of the season. The presentation was to show that everything that Christy had done of the years for both Pearse Rangers and the community had not gone unnoticed. He will be of great loss to the club.

In memory of the late Mark McGuire, the Committee, Manager and Players of Pearse Rangers wish to express their deepest sympathy to all of Mark's family and friends. Mark played all his schoolboy football at Pearse Rangers and will be a great loss to all.

If you want anymore information on Pearse Rangers you can check our web site at **www.pearserangers.ie.** 



Councillor Garry Keegan seen here with Pearse Rangers F.C., who he is sponsoring to visit Liverpool F.C. at Anfield the weekend 26th June. The team will be wearing the Jerseys that Garry sponsored for them last year.

# PEARSE STREET HARDWARE

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### WELCOMES NEW STAFF MEMBER - JOHN

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Alex, Jimmy and John wish the Community a very Happy South Docks Festival and Summer Activities

#### **SUMMER NOTICE BOARD**

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#### **TUESDAYS**

10.00 a.m. - 12.00 p.m. & 2.00 p.m. - 4.00 p.m. **THURSDAYS** 

10.00 a.m. - 12.00 p.m. & 2.00 p.m. - 4.00 p.m. UNAVAILABLE MONDAYS, WEDNESDAYS & FRIDAYS

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ALL WELCOME For further information contact 01 677 1930

Activities

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Wishing the Community a very Happy
South Docks Festival and Summer

#### P.S. WRITERS GROUP St. Andrew's Resource Centre. Ph: 6771930

For further enquiries call to St. Andrews Friday Mornings 10.30pm to 12pm (Well Recommended)

#### TAKE FIVE

#### Takeaway / Restaurant

109a PEARSE STREET (opposite St. Andrew's) Phone: 677 3216

BREAKFAST ALL DAY

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Lasagne – Chicken Burgers – Veggie Burgers
Breast of Chicken – Curries – Soups

#### **OPENING HOURS:**

7am to 3pm (MONDAY to FRIDAY) 8am to 2pm (SATURDAY)

Wishing the Community a very Happy South Docks Festival and Summer Activities

# **MISSING**



Staffordshire Bull Terrier
Missing since 3rd May
Lost in Ringsend
Her name is KAYA
REWARD

Phone: 086 1506290



Daniel, Robert and Nathan on their first Holy Communion. Love from all their families.

# DUBLIN SOUTH EAST AREA SPECIAL OLYMPICS NETWORK (S.E.A.S.O.N.) by Aileen Murray

# Press Release 10th June '05.

The Winner of the South East Area Special Olympics Network (S.E.A.S.O.N) competition was announced at a reception in Ringsend & District Community Centre on Friday (10th June 2005).

The Network team were very impressed with the standard of the entries, which showed wonderful imagination and artwork, and the judges had the unenviable task of selecting a winner.

The winner is Maeve Coll from 6th class in St Matthews School in Sandymount. Maeve created a fantastic logo for the local Special Olympics Network, incorporating the distinctive ESB towers, which can be seen throughout the Dublin South East region.

Maeve's innovative and creative design will be used by the Network team in their plans to develop a new Special Olympics club, and provide new sporting opportunities for local athletes and potential athletes.

The 10 finalists attended the reception along with their families, teachers and friends. The Winner, was presented with her prize - a Book Token, kindly donated by 'Books on the Green' in Sandymount – by local representative, Councillor Dermot Lacey

All finalists – Aidan Barry, Maeve Coll, Matthew Costello, Jason Counsel, Eoin Hennessy, Michael Mongan, Kate O'Malley, Sean Ronan, Vlad Sukov and Alanna Ward – were awarded Certificates of Merit and



received goodie bags. A very enjoyable evening was had by everyone.

Brendan McEvoy, Chairperson of the newly formed Network commented, "The judges had a very difficult time trying to decide on an outright winner as the standard of entries was extremely high. Our Network team would like to take this opportunity to thank all the Students and the Teachers who obviously put a lot of time and effort into the competition. We look forward to the continued support of local schools in our future development"

'SEASON' is currently looking to involve interested Athletes, potential athletes and Volunteers in Network activities and in the development of a new Special Olympics club in the area.

For further information please contact Network Team members Ailbhe O'Briain Ph: 086 6019359 or Aileen Murray at aileen.murray@standrews.ie

Information on Special Olympics in Ireland can be found on **www.specialolympics.ie** 

#### **MEMORIES**



Dominican Sisters in Rome with an audience with the Pope John Paul II.



Congratulations to John and Phyllis Uzell on who celebrated their 40th wedding anniversary recently.



Anto, Mark, Richard and John. 1980



Wishing Leo a very Happy 21st Birthday.



THE KEATING BROTHERS
Top: Kevin, Ned, Jimmie, Peader.
Bottom: Jack and Philip.



Ballroom Dancing in Clerys



Legend Lyrics Murphy, Ringsend



Marie and Paddy - on their wedding day 1955 and 50 years Wedding Anniversary - they thank you for sharing this happy occasion.





City Quay N.S. Confirmation 1950ish



#### St Andrews Adult Education Department - Lifelong Learnin Information on Courses 2005 - 2006







#### **OTHER COURSES:**

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- These Courses are run on demand





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Please note: these courses and services are provided at:

St Andrews Resource Centre, 114 – 116 Pearse Street, Dublin 2,

PARC (Pearse Area Recreational Centre, (DRAMA)
Pearse House, Dublin 2

and Trinity College, Dublin 2 (SPRINGBOARD)

#### For Further Information please contact:

St Andrews Resource Centre Adult Education

> Betty, Billy or Amanda

114 – 116 Pearse Street Dublin 2 Tel: 677 1930,Fax: 671 5384





New Link 14

Email: <u>betty.Watson@standrews.ie</u> or <u>billy.ryan@standrews.ie</u>

#### ST ANDREWS ADULT EDUCATION DEPARTMENT



Contact: Betty Watson, Billy Ryan or Amanda Address: St Andrews Resource Centre

114 – 116 Pearse Street, Dublin 2

Tel: 01 677 1930 Fax: 01 671 5734

Email: <u>betty.watson@standrews.ie</u> or <u>billy.ryan@standrews.ie</u>



#### St Andrews Adult Education Department - Lifetong Learning Information on Courses 2005 - 2006 <u>DAY COURSES</u>

COURSE NAME	VENUE	DAY	TIME	STARTS FROM:
English Literacy Program - (One to One Literacy)	St Andrews Resource Centre	Thursdays & other times to suit the Client	Thursday 10.30am to 12.30pm	Тиклидікни Уваг
Busic English/Junior Cert English	St Andrews Resource Centre	Wednesday	10.30am to 12.30pm	Sept 2005 to May 2005
Basic Irish	St Andrews Resource Centre	Thursday	10.30am to 12.30pm	Sept 2005 to May 2006
Art Class	St Andrews Resource Centre	Priday	10.30am to 12.30pm	Sept 2005 to May 2006
Drama	PARC - Pearse Area Recreational Centre Pearse House	Monday	10.30am to 12.30pm Mon	Barly April 2005 to May 2006
Creative Writing	St Andrews Resource Centre	Friday	10.00am to 12.30pm	
Psychology (Certificate Level) In Conjunction with Maynooth College Extra Mural Department	St Andrews Resource Centre	Tuesday	10.30am to 12.30pm	Oct 2005 to May 2006
Springboard Course Womens Pers Dev Course Delivered by Trinity College	St Andrews Resource Centre & Trinity College	Menday	9.30am to 4.30pm	A one day Course over 4 Mondays One Mon per month fram: March till June 2005
Christmas 2005 Flower Arranging Course	St Andrews Resource Centre Short 5 week Course	Monday	10.30am to 12.30pm	Fram Mid Nov 2005 up till Christmas
Easter 2006 Plower Arranging Course	St Andrews Resource Centre Short 5 week Course	Monday	10,30am to 12,30pm	For 5 weeks before Easter 2006

#### **EVENING COURSES**

COURSE NAME	VENUE	EVENING	TIME	STARTS FROM:
Basic Spanish	St Andrews Resource Centre	Monday	7pm to 9pm	Sept 2005 to May 2006
Leaving Cert English***	PARC or St Andrews	To be decided	7pm to 9pm or	Sept 2005 to May 2006
Day and / or Evening Course(s)	Resource Centre		10.30am to 12.30pm	

We also provide a **Confidential One to One Counseling Service** – Bereavement, Co Dependency, Couple Counselling, General Counselling and Alcohol / Drug Addiction.

If you have any queries about our services or courses, or any suggestions about other courses or classes, that we could run, please feel free to contact us at the above.

Please note that our Courses take place in St Andrews Resource Centre and Pearse Area Recreational Centre, (PARC), Pearse House, Dublin 2.

Betty, Billy and Amanda from the Adult Education Department would like to wish all our Students a Very Happy South Docks Festival and Summer Activities.

# CYBER-LINKS NEWS

#### **ALL NEW**

All New PC's latest technology
Games galore
New members WELCOME
New Clubs setting up contact Lisa or Paul

#### **EXISTING CLUBS**

Rugrats - Myles Crew - After School (childcare) Cyber Youth





#### What's NEW!

We are setting up another challenge with Trinity College this summer all that are interested – contact Lisa or Paul to register.

Enjoy your summer holidays see you in the Cyber.

For further information: Tel: 677 1930.





Inner city

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# St. Andrews Resource Centre JOB CENTRE Call us on 677 1930

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- Employment Support

St. Andrews Employment Services Team wish the Community a very Happy South Dock Festival and Summer Activities

#### My Story By Jim Ross (continued from Easter issue)



Jim Ross

hen my mother starts talking, she never stops, on and on she went, whom she met during the day. What she had done in work for that day. How life was so good to her, how she was blessed with a lovely son and daughter. How happy she was in her little one-roomed house, how happy we all were.

I sat and listened: I could sit forever listening to her, the happiness that was evident in her eyes, her voice. The love that emanated from her whole being. God made a one in a billion Mother and he gave her to me and my sister Kay. That story cannot be told inside of this one, it's a stand-alone story for another day, God willing.

Next morning I left the "house" early, to pull up for the time I had lost. I didn't have to but I wanted to. All in all my boss and my work mates were very good, both to me and for me. I felt a sense of obligation to always do my best, for my own sake as well as theirs.

Arriving in the lane after an uneventful journey through the Green, I was surprised to find everybody there before me, even my Boss was there and he seemed to be in very good humour.

"Well lad did you have a good rest last night", was his greeting. "Very good sir," I replied.

"Your teacher was very helpful to me after you had left, in fact without I would have packed it in".

"You are not a quitter Boss, with or without my teacher you would find a way to finish this job." "That's enough of the soft soap, get on with your work, those bakery vans have to be out of here as early as possible." The voice was soft and accompanied by a huge big smile that suffused his whole face. My boss was in good humour all right; this was going to be a very good day. I mumbled something to him in reply as I proceeded into the garage. The sight that greeted me stopped me in my tracks, George's car looked great. Johnny and Frank and Frank's two employees must have worked throughout the night, everything was in place, and even the doors had been fitted. The only things I could see that had still to be worked on were the gaps between the bulkhead and the wings (mudguards). The bonnet was not yet in place and presumably this would have to have its length extended, but all in all, the car looked fabulous.

"What do you think of it now lad," Johnny's voice cut into my stunned silence. "How about that for a team effort, it may have taken the best part of the night, but it was worth it to come back this morning and see what we had achieved." "I think you did wonderfully well, Johnny, to get all that together in so few hours especially without my help." "Get along with you lad, your vans await you." This really was a great start to

the day, everybody in such good humour, except maybe the van drivers, I better get started on their vans before they lynch me!!

So the day progressed, all thirteen vans finally dispatched to their various destinations. I gathered up my tools, which were scattered around and returned to the garage. As I entered there, I was greeted with loud cheers from Johnny and his helpers. "You're just in time lad, put the kettle on and we'll all have a cuppa, we're all wallfalling here." "I feel the sam way myself Johnnhy, it will only take me a few minutes to have the tea ready and I have a few doughnuts the lads gave me." "Good on you lad, that's what I like to here, free grub, they must be pleased with your work." I smiled as I moved upstairs to make the tea. Why can't life be always this simple, everybody in good humour, ever face wreathed in smiles, maybe it's not meant to be that way, but I wish it was.

After enjoying the short break, everyone returned to the task on hand. I'd been free of any task, wondered what was in store for me. I didn't have to wonder for long. "Hey! Busty, come over here to the back of the Terraplace, I have a job over here that you can." I hurried over to where Johnny was standing. "What is it you want to do so urgently?" I asked him. "Under here where the body is overhanging the chassis, we need to put some heavy steel brackets. Start them about a foot from each end and space the others at equal spaces, that should do the trick." "You want me! To weld them on?"

No of course I don't, you can bolt them on using the half-inch diameter bolts with the three quarter nut heads. Make sure that you use spring washers at both ends and use the bolts that have split-pin holes in them, that will do the job, they'll last forever, well almost forever." I looked at him with pity in my eyes. "Do you think I go to sleep in the Tech? I know which kind of bolts are needed for this kind of job, I also know about split-pins and when and where to use them. As for spring washers, I even know how they are made, so there!" "I'm only joshing you lad, sure I know you don't go to sleep in the Tech. I just wanted to see your reaction." "Well you've achieved that, so can I now get on with the job, or have you more gems of wisdom to thow away?" Not getting an answer I proceeded with the task allotted to me and enjoyed the rest of the day. Next morning I arrived guite early at the garage, indeed before any one else, even the van men were not in the lane. I wondered how come, had I slept over the whole day of rest, Sunday, surely not. Upon entering the answer leapt out at me, the clock on the way said it now a few minutes past seven o'clock. No wonder there was nobody here but me, I was over an hour too early. How had that happened, I do not know, but better to be too early and gain the time than to be late and be at the loss of it. Time lost is never ever found again. I decided to run my own check list over George's car starting with the boot - dickey seat as it was - when I opened it I thought it looked larger than I imaged it would be, in fact I thought it would still serve it's original purpose. As most of the car parts had been stored in Paddy's stores I could not test my theory.

To be continued in Halloween issue

# Local Heritage by Christopher Sands

Young female jockey Catherine Gannon is from Donaghmede in County Dublin. She had an amazingly successful year in 2004. Firstly, after narrowly losing out for the title last year, she won it this year to become Champion Apprentice Jockey for 2004. This was the first time in Ireland or Britain that a woman has won that title. Mick Kinane is among those who have praised her great ability on the race course. Then she was named as Sportswoman of the month in the Irish Times for October. Next she won the award of Irish racing jockey of the year overall. Next Cathy was named as Personality of the Year for Irish Horse Racing.

Then in January last, President McAleese presented her with the award of Irish Times Sportswoman of the Year 2004, having been selected by a national panel to be the first recipient of this newly instituted award. Other sportswomen in the running for this title included Sonia O'Sullivan, show jumper Jessica Kurten, and Madeline Perry who has just won the title of Irish Squash Champion for the seventh time. This was an amazing range of awards for a twenty-three year old woman who has no family background in horse racing.

The Gannon family has been associated with sport in the City Quay - Westland Row area over

the years. Her father Joe, who now runs his own taxi business, having previously worked in the Gresham Hotel and the Burlington, is a nephew of Eddie Gannon, who was a great local hero playing with Shelbourne FC in the League of Ireland before moving over to play for Notts County and Sheffield Wednesday in the English League. Later, he returned to play for and manage Shelbourne. During that period Eddie played fourteen times for the Irish international team. Eddie's nephew Danny (Cathy's uncle), and some cousins, also played for Shelbourne. So certainly sport was in the Gannon blood, whatever about horse racing.

Cathy complimented the teacher in her local school who took her interest in horses seriously enough to help her gain entry to the RACE jockey training course in the Curragh. Once she got going in this school, and then joined the John Oxx stables, her natural ability took her off to success. Many readers of the New Link Magazine will remember Joe's grandmother (and our hero Cathy's great-grandmother) who lived in number 11A in Pearse House, backing on to Hanover Street, looking out to Kiely's bakery. It's good to be aware of our local heritage.

Photo: Cathy receiving her Sportswoman of the Year award from President McAleese.



# **Dublin Memories (6)** by Christopher Sands



THE SISTERS: My two older sisters, Chrissie and Martha, similarly to John and Mike, also had quite different personalities. Chrissie was tallish, dark complexioned with black hair, in appearance close to our father's family. Martha was a little shorter, with lighter complexion and hair and otherwise closely to our mother's family. Their temperaments emphasised their biggest differences.

Whereas Chrissie was generally calm and placid, Martha was quicktempered and seemed to fly off the handle easily, causing many a problem from time to time within the family. Martha also liked to dressup as flamboyantly as she could within the restrictions of the war years and rationing. Somehow, Martha. managed to buy enough items of jewellery (almost all cheap imitations, as real items were very expensive. and even for the few who could afford them, not very available) to be given the name of 'Carmen Miranda' (a then very popular film star from South American whose rumba-type record -IYiYiYiYi. I Like You Very Much' was one of the big hit songs of the time. Carmen always dressed very colourfully, with lots of jewellery, and she often wore fruit, especially bananas, on her hat), as the family could tell when Martha was coming by the 'jangling of her jewellery'.

As in most homes with young sons or daughters of dating age (company-keeping'. or later-doinga-line'), the over-mantle mirror above our fireplace was very much in demand as 'appointment times' drew near. Martha demanded more time at the mirror than most, a bit of pushing and shoving might occur. as it was so important to check that you were wellpresented and sparkling as the Sands family group at the seaside in 'picture or dance-hall' time Skerries 1946 - myself at front, my approached. Our quick-tempered Martha, if pushed hard enough. was very likely throw an itern or two at the -offender'. That's why many of the ornaments on our



mother behind me my sister Nora to the left, our cousin John Kernan standing at the back and my sister Chrissie to the right. Chrissie's baby Tony Byrne is asleep in a cot.

mantle-piece had chips missing, or had been glued back together to make them look presentable.

Chrissie's boy-friend, Willie Byrne, lived in Markievicz House. He had two sisters. Maura who became Mrs Paddy Losty, and Betty who became Mrs Austin McDermott. Willie was a merchant seaman, as



The three older Sands sisters on a visit to London for the double wedding of Nan and Chrissie in Potters Bar. Nan in the middle. Martha left and Chrissie holding Martha's first child, Richard O'Shea.

were his three brothers. Noel, Seamus and Brendan, and their father, Billy Byrne. Willie's ship, the , Brittanny Coast' was British registered arid sailed from Liverpool. He would cross over on the B & II boat on the day before the ship sailed. arid lie would be away) for two. three or possibly six months at a time. As I was the baby, of our family, Willie always brought me back presents from his travels, including coins, stamps and books of flags representing the various countries he had visited, so I had a large collection of these items. On my sixth birthday, in 1953, Willie arrived from Liverpool with imy birthday cake', a loaf of white bread. So scarce was white bread then that all the family treated it as very special. While Willie was away on his long voyages, if Chrissie wanted to go to see a picture (the term film was never used then) while her friends were otherwise occupied (with their "fellas"), she would bring me with her (most young girls wouldn't go to a public place on their own then). As a result, I got to visit more picturehouses, and see more pictures than most of my friends ever did.

Martha, especially when she had become engaged Stephen O'Shea (also neighbour in 7E Pearse House. and a friend of our brother Mike), would bring me with her to the pictures when Steve was on night work. Martha was also a bit of a hypochondriac and was always trying out various cures. When she wanted to try a Martha Sands and Stephen O'Shea are new cough bottle or tablet, to test if it was very bitter, she would pay me sixpence to try it



married in the Church of the Immaculate Heart of Mary, City Quay.

first. That's something we would not advise now. as that practice could be very dangerous, especially with young children. But so far it does not seem to have done too much harm to me, and her sixpences meant I could buy more of my favourite comics. especially the Wizard and the Hotspur.

MARRIAGE: The first wedding in our family came when Chrissie married Willie Byrne shortly after the war had finished. just in time to wear the 'new look'. This style had been created by the French designer Christian Dior, and it was all the rage at the time, being a big change from wartime scarcity and dullness. A local dressmaker had done a great job in copying this fashionable style. Approximately two years later, when their son William Anthony (Tony) was only a few months old, her husband Willie died suddenly. Chrissie with baby Tom, returned to our family home. This led to him often being called locally by the name Tony Sands rather than his correct name of Tony Byrne. Chrissie later went to work with our third sister Nan in England. There she met Ralph Wood from Newcastle-on-Tyne. They married in Potter's Bar in a double ceremony with Nan and John Lee. Chrissie later had another son, Raymond Wood who now lives in Twickenham, London with his Venezuelan wife Betty, and their three daughters. Martha married Stephen O'Shea shortly afterwards. He had worked for a local contractor, driving a horse and cart making deliveries around the city and suburbs. If I was around he would take on these 'jants' and I would often get a present, a sweet, some fruit or a toy from the business or person taking the delivery. Later he worked as a deck hand on a trawler and later again he worked in Cadburys on the East Wall Road (before they moved to Coolock). Steve had one sister. Sally, who became Mrs Joe Smyth. Sally, Joe with their children lived in her familys home. Joe drove a motor van doing deliveries for McCabe's the fish merchants of Baggot Street. Sometimes I would go with Joe on his rounds to small fish shops, hotels and restaurants. McCabes were one of the great quality fish shops of the city (with Dunns their neighbours in Baggot Street and D'Olier Street). Stephen's father, Dick O'Shea drove a horse and cart delivering for Heiton Tedcastle's coal merchants on City Quay.

Mr O'Shea got home to lunch most days, generally at about half-past twelve, and about an hour later he would return to the coal yard for his next load. He would allow us local lads on to the back of his four wheeled float, sometimes there would be up to a dozen of us. Our journey always ended in Townsend Street, as the horse would stop at the Windjammer pub in Townsend Street (even if Mr O'Shea had dozed off to steep on his driving seat, the horse would stop there automatically, so Mr. O'Shea could 'lubricate his throat' before returning for his afternoons work. Mrs O'Shea had been a widow, and she had an earlier family, the Maguires, one of whom was a mechanic in Ringsend bus garage. The O'Sheas moved to a new Dublin Corporation development at Sally's Bridge and later again transferred to the newer housing scheme in Donnycarney. Eventually Martha and Steve's first son Richard (called after his father's father), was born in Dublin, but soon after they emigrated to England. There they had three more sons while living in the London Vauxhall area and later moved to Huntingdon near Peterborough.

CHRISTOPHER SANDS can be contacted by email at: NCSands@eircom.net.

# DOCKS MEMORIES PICTURE SPECIAL by Michael Donnelly



Larry Redmond, docker, George McDermott, docker working in cargo of soya meal.



Dockers Noel Forbes, Dickie Byrne discharging timber.



Dockers Herbie Doyle and Jem Metaler Kelly.



Richard Doyle, Anthony Flyer Flood and Louis Doyle.



Emmet McCabe and his wife at Dockers Party, Old Canteen, North Wall.



Johnner McGuinness, Checker; Jimmy Bimbo Keating, Checker; Peter Flash Curry, Checker; Patrick Doggy Smith, Docker and Patrick Moxy Moore, Docker.



Dockers discharging a cargo of onions, 1930.

# DOCKS MEMORIES PICTURE SPECIAL by Michael Donnelly



Paddy Doggy Smith and Anthony Hardloaf Cummins.



Paddy Doggy Smith and Tommy Smith.



Coalies discharging Welsh Team Coal, Irish Heather.



Jimmy Bimbo Keating



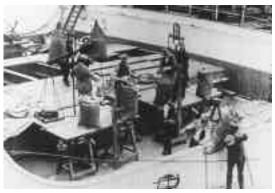
Tipper at Irish Heather tipping Welsh Steam Coal



Dockers Paddy McCauley and Joe Carr. 1947



Dockers Joe Lucky Forbes, Noel Forbes and Cormac McDermott.



Bush Holers discharging grain by hand. 1935.

### YOSEIKAN NEWS by Paddy McGauley

Congratulations to Rachel Browne, Pearse House, who became the first female member of Yoseikan to receive the honour of wearing a black belt to achieve this distinction, a lot of hard dedicated work had to be done from the age of 8, Rachel attended our club twice a week learning the skills the Ka Ta, unarmed combat also with weapons such as a bockan





i.e. sword, a job which is a staff, Nun Jackus, which is two batons (wood), also a congratulations to Cain McKeon, Boyne Street who achieved a yellow belt, Cain worked very hard and is a credit to his parents as is Rachel's, and all members of Yoseikan, a special mention to Sen Sei Robert Conroy who worked tirelessly for our membership and community and is at present preparing more children to be graded. Well done.

## Grants and Funding available for Students:

Dublin City Council Higher Education Grants Block 4, Ground 4, Civic Offices, Wood Quay, Dublin 8

City of Dublin Vocational
Education Committee
Including VEC Scholarship Scheme,
TLT Maintenance Grant Scheme
And PLC Maintenance Grant Scheme.
Town Hall, Merrion Rd,
Ballsbridge, Dublin 4

Dublin Port Scholarships for students living in Port area of Dublin Dublin Port Company, Port Centre, Alexandra Rd, East Wall, Dublin I.

Dublin Dockland Development
Authority Grant for students living in
the Dockland area.

DDDA, Custom House Quay, Dublin 1.
Bank of Ireland Millennium
Scholars Trust

National College of Ireland, Mayor Street, IFSC, Dublin 1.

Dublin Inner City Partnership
Strive Funding for those students who
are already in college,
and living in the
partnership area.
DICP, Equity Hse,
16/17 Upr Ormond Quay,
Dublin 7.

**Back to Education Allowance** 

Vocational Training Opportunities Scheme

For Further Information and Applications contact VALERIE FOGARTY, Employment Support, St. Andrew's Job Centre Phone: 6771930



#### **WEXFORD TRIP 2005 PICTURE SPECIAL**











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and Summer Activities



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Wishing the Community a Very Happy South Dock Festival and Summer Activities







#### **ADULT EDUCATION ART EXHIBITION IN ST. ANDREWS**







Congratulations to St. Andrew's Adult Education and especially the members of the Art Class of 2005 for an excellent Exhibition of their works.

**Deputy Lord Mayor John Gallagher opened this Exhibition.** 

Well done to teacher and pupils of St. Andrew's



# Minister for Education Mary Hanafin T.D. visits CBS, Westland Row



On Tuesday the 22nd February last, the Minister for Education and Science, Mary Hanafin TD paid a visit to CBS Westland Row

She was escorted on a tour by some students and parents who took the responsibility for showing her around and briefing her on all the activities which take place in the school.

A presentation of a painting by Eilish Sherwin, a second year art student, was

made by the artist herself to the Minister as a memento of her visit. Ms Byrne, director of the education unit, gave a short talk on the work being done to help individual students. Mr. Duggan, principal, showed the measurable progress the school has made over the last four years. Keith Fullam, a fifth year student then interviewed the Minister for Anna Livia radio. The fifth year students are making programmes to be broadcast on the radio station over the coming months.

The Minister thanked the principal for his invitation to her to visit the

school and to Senator John Hanafin for making sure she turned up! She stated that she found the interaction with the students very interesting and it clearly reflected a great sense of pride which they showed in their school. She was adamant that the good work should continue and that it was essential the local community should have its own school. She would examine the costs of the refurbishment programme and that of building a new school in the area and make a decision on which would be the most cost effective. It is anticipated that this decision will be made in the next few months.











### INFORMATION/SERVICES/CONTACTS

## If You Need Assistance Regarding Any Of The Numbers Below Picase Contact: Welfare Rights & Information Officer at 677 1930.

	T
Basicra Ragional Health Anthority	Threshold: Phone: 873 6312
Information Services: Freephone: 1800 526520	Housing Advice, information on housing and
Drugs/HIV Holpline: Freephone: 1800 459459	homelosaness
Community Welfare Officer: Phone: 677 0963/677 0268	
South Western Aren Heulth Board: Phone: 649 6500	A.A. Alcoholics Anonymous: Phones 453 8998
Community Care Area 3, Dublin South City:	Al-Anon: Phone: 873 2699
Scolal Work Services	A Pellowship of men and women whose lives have been or
Speech & Lenguage Thorapy District Care Unit For The Elderly	we being affected by another persons outspalsive strinking.
El 11 Porms	Alls tees: F73 2699 A Fellowskip of young people whose lives here been er are
Medical/Chiropody/Dental/Optical	being effected by a parent's compulsive drinking.
Other services synileble contact above:	being amount by a parent a compension or name.
Social Welfare Local Office: Phone: 636 9300	St. Vincent de Paul: Phone: 638 4164
PAYE Enquiries: Lo-Call: 1890 605050	The Pathways Project: Phone: 872 5499
	Historing Princeton and at princeton to educate and re-integrate
Garda Confidential Line: Freephone: 1800 666111	Borouvecnest Counsolling Services Phone: 676 7727
	St. Ann's Church
Pearse Street Garde Station: Plums: 666 9000 Community Garde	CYC Youth Support Service: Phoner 872 5055
Juvenile Lighen Officer	Combatrie
Irichtenen Garda Station: Phone: 666 9600	City of Debita
Avvenile Linkson Officer	Youth Service Board: Phone: 668 3198
Community Garda	
Crimestoppers: Freephoos: 1800 250025	F.L.A.C. Phone: 679 4239
Emergency: Phone: 999 or 112	Free Legal Advice Centre / Contact for Referral
Paractice: Phone: 8733 500	Creatoure: Phone: 836 0911
Organisation for parents under stress	The Crosscare programme in this area is the St.
	Brigid's Food Centre for homeless people and also
	available is Meals on Wheels.
Vietim Support: Lo-Call: 1859 661771	Office of the Ombodismus: Phone: 639 5600
	Lo-eally 1896 223630
Charlah: Phones 662 9212	
(Pregnascy & Parenting Commoling Service)	Rest Assessment & Accounts: Presphones 1600 679555
Women's Aid: Presphene: 1800 341900	Queries relating to : Rent Assessment, changes is
(10 a.m. – 10 p.m. – 7 days)	Honechold Circumstances, Statement of Account,
	Information on Account Balances: Phone: 672 2211
<u>_</u>	Proophone: 1806 679355
AMEN: Phone: 046 23718	Hearing Materianance: Freepheas: 1800 679123
(Confidential advice line for male victims of domestic sixus)	Estate Management: Freephone: 1800 799100
	Tennet Purchase Section: Freephone: 1990 424142
Family Mudiation Services: Phone: 634 4328	Bin Charges (Demestic) Freephone: 1806 589789
(Free Service)	
AIM Family Service: Phone: 670 8363	Community Development: Phone:672 3428
(Family Information Commoling and Mediation Centre)	
The Equality Authority: Lo-Call: 1890 245545	HOSPITALS
Public information contro: Phone: 417 3333	St. Vincent's Hospital: Phone: 269 4533
	Doutal Hospital: Phones 662 0766
	Nutional Materalty Hospital, Holler St. Ph.: 661 6277
,	St. James's Hospital: Phone: 453 7941
	Children's Hospital, Temple St.: Phone: \$74 \$763
CHILDLINE t/o ESPCC: Freephone: 1800 666666	SAMARITANS
	Aren Helpling: (call aree) 1850 609090
DADE Chicke Apparate. Page 1 Apparate	BARNADOS: Plume: 454 9699
RAPE CRISIS CENTRE: Freephone: 1860 778868	
	National Cicitives's Resource Centre
Focus Ireland; Phone 671 2555	
	National Children's Resource Centre
Focus Ireland; Phone 671 2555	National Children's Resource Centre Health Beard Freephous: 1906 724724

# A Journey Through Our Community

1950. Compiled by Patrick McGauley

Off Lower Grand Canal Street, Eblana Villas Charlie Pollock had an open yard where he stored his fleet of trucks (rigids), also in this yard stood 3 lock up sheds, these could be rented for storing goods etc. beside the yard lived the Ryan family in the Villas a row of houses stood there for example the Sweeneys, The O'Reillys, Duffs, Mr. Hopkins was the grandfather of the Duffs, he was a docker in the B+I. At the far end of the Villas lived the O'Connor family, Mr. O'Connor worked for the Gas Company as did his son Joe, another brother Paddy, Leo, he worked in Esso as a boy cleaning up the garage which was a great job in those days, also there was another son and daughter whose name we do not know (sorry!), opposite Archers Garage now this was a fairly big garage, a main Ford Dealer which was very busy, all cars were parked in the Villas which mechanics working under them. Not forgetting not many locals had a car so it was no problem for Archers to find parking. Locals did not mind them parking outside their door as it looked great with a car parked outside their house. Back towards Hogans Place beside Archers Garage was a store room. The owner was Big Jack Mac. This man stood out his height was at least 6ft 4 inches and weighed about 18 stone. His business made lampshades. His only employee was a young fella. How he produced these lamp shades was he welded pieces of steel rods to make the lamp then he covered it with some sort of material, the end product was gorgeous, a lot of big stores sold

Jack's products. Business was not bad, Jack also looked after locals for instance, if you were to call in and enquire about buying a lamp Jack would leave off a few bob which was a great help indeed, eventually Jack moved into the storeroom to live. Unfortunately Jack took a liking to the oul black porter, indeed most days Jack would make his way to Burkes Pub, Grand Canal Street and Sadlers. Jack disappeared and sadly was not to be seen again a character if ever there was one. Next door was Mrs. Cullen Dairy Shop, the name over the door was Twyfords, Mrs. Cullen was a big lady in Physique and Manners. When she let a shout at you N.A.S.A. had nothing on the way you would run. A mile in shock her husband Mr. Cullen he was a sound stout man, he had a fondness for the dogs for example he bred cocker spaniels at the back of the shop. His son Johnny helped his each day both brought the dogs on leashs for a walk around the block at least 10 puppies at a time where exercised. It was a sight to behold. In the shop Mrs. Cullen had only one employee her name was Bell, now you might think this name rings a bell, but you would be wrong, it was only Bell, for example, every time Mrs. Cullen called Bell for any reason it was very amusing this shop was unforgettable there I am sure will be no more shop like this one again. Back at the corner of Eblana Villas/ Hogan Avenue Paddy Byrne and Family lived there.

(To be continued)

#### **ROCKACT 2005**



On Sunday the 13th of March a convoy of cars made their way to Coolquay Lodge, North Road, Finglas. 5 cars in total with supporters, family, groupies and friends etc. All the support Sanktion Supergroup from Walkinstown on this occasion it was their premiere on stage, the band consisted of Kev O'Brien (bass) and vocals, Anton Leddy on lead guitar, Si Daly on rhythmn guitar, Ger McGauley on drums. This competition was intense other groups were Attika (Ashbourne), Archangle (Santry), Feillacan (Clonsilla), Neema (Garristown), Zenith (Donabate), 21 Demands (Swords). Each group were to play two songs which meant that it was a long time before Sanktion performed. As they

were fifth in line on the playlist. But when they hit the stage it was electrifying the roof of the venue which nearly lifted off. It was very heard to believe this was their first time on stage. Ger rocked on drums. Rocked all of us as did Anto, Kev and Simo. Supporters family, groupies and friends all jumped up and had a thumping excellent time. This band are made to entertain, indeed a tip for the top. By the way Sanktion came third which is a major achievement not forgetting they were the only south side band as the pictures show a great time was had by all.

Watch out Mettallica!!!!!



#### News from Pearse Street Public Library by Ronan MacNeice



#### **Summer Reading Tree**

The Lord Mayor of Dublin, Michael Conaghan, launched the summer reading tree in Pearse Street Library. Depending on how many books children read over the summer, they will get a leaf, a bird or a butterfly to stick up on the tree. If they read eight books, they will receive a special certificate. You must be a member of the library to register for a reading tree bookmark.

July 26th 2.30pm in the Library: Art Workshop for 6 - 12 year olds. Run by an artist from the Hugh Lane Gallery, children will recreate famous artwork using recycled materials. Contact the library to book a place.

August 10th in the library: Drama Workshop with Bualadh Bos Productions for 6 - 12 year olds. A series of interactive stories with an environmental theme. Contact the library to book a place.

#### **Optical Scanner**

We now have an optical scanner attached to one of our computers in the public library available for blind/visually-impaired people to use. In short, people can scan any text, whether it is a newspaper/magazine article or the pages from a book, onto the computer screen, increase the size of the text and even listen to the text read back to them through headphones. They can even change the type of voice! The

following software can be accessed; Kurzweil 1000, Kurzweil 3 000, MAGic and JAWS. The service is free. Please contact the library if you are interested.

#### **Reader Groups**

There are two reader groups for adults that meet once a month in the library. One

meets in the morning and the other meets in the evening. If you are interested in joining, please contact the library.

#### All day Saturday September 24th: Local History Day.

Ring 674 4999 for more details. The Dublin Camera Club will have a photographic display in the exhibition room until August 5th. It is free to join the library and free to borrow books.

Mobile: 0868534666

Email: daithidoolan@hotmail.com

Pearse Street Public Library opening hours Monday -Thursday 10am - 8pm Friday - Saturday 10am - 5pm Phone number 674 4888



**ADVICE CLINIC:** 

Every Wednesday 8-9pm St. Andrew's Resource Centre

Wishing everyone a very Happy South Docks Festival and Summer Activities.

Sinn Féin - Building an Ireland of Equals

Councillor Daithí Doolan Mary Lou McDonald, M.E.P.

e y vval

> Mary Lou McDonald M.E.P. Sinn Féin



www.dublinsoutheast.com



### RINGSEND TECHNICAL INSTITUTE NEWS

#### **3rd Year Mass and Presentation of Awards**

Towards the end of the session there was a Mass and presentation of certs for 3rd Years to mark the completion of Junior Cycle. The Mass was celebrated by the Parish Priest, Fr. Michael Coady. On 27th May our annual presentation of awards took place. Awards were made in each class for the following: best student: most improved student; best aftender; merit award

#### 6th Year Graduation Mass and Presentation of Awards

This ceremony took place on the evening of 27th May and was attended by the parents of the students. The mass was celebrated by Fr. Fergal McDonagh. It was a delightful occasion and an extremely important milestone for all the Leaving Cert students. A cup was also presented to the Student of the Year, Kathrina Farrell.

Winners of DIT Prize Each year Dublin Institute of Technology (DIT) makes two awards available to the college for students who show outstanding achievement, commitment and diligence. The winners this year were Stephanie Mitchell and Vicky Lane.



Karen Daly beating the drum for the Ringsend Technical Institute team in the Dragon Boat Races.

#### The Dragon Boat Races

On 13th May all the 2nd level schools in the area took part in the Dragon Boat Races on the Liffey. This event was organised by Dublin D o c k l a n d s

Development Authority in aid of Tsunami Relief. Also participating were the various companies involved in the Business Twinning Programme of the Docklands IT Hub. It was a great occasion

which was enjoyed by all those taking part. Ringsend Technical Institute took 3rd place in the competition.



Kathrina Farrell, Ringsend Technical Institute, receiving the Student of the Year Cup from the Principal, Charles Mc Manus.

Launch of "Write to Celebrate 2005" During the month of May a booklet entitled "Write to Celebrate 2005" was launched at a function in Ringsend Technical Institute. This booklet is a collection of writings from students in the CDVEC South Inner City Adult Literacy Service which covers the Ringsend, Rathmines and Liberties areas. Kathleen Ingoldsby, Adult Literacy Organiser and Maria Riordan, Literacy Development Worker co-ordinated the production of the work. Guest speaker at the launch was Roisin Ingle, Journalist, The Irish Times, who complimented the contributors on writing about everyday happenings in a very interesting way. A number of students read their work to the large audience present and impressed all with both the quality of the material and the skill in delivery. It is hoped to produce a collection of such writings on a regular basis.

#### ST. MATTHEWS N.S. CRANFIELD PLACE

St. Matthew's had their Day of Action in the school on Wednesday the 16th of March. The Day of Action wass a day for us as a school and community to take stock of our environment. As you know, the Green School Committee was formed lost year and we are continuing our efforts this year to secure a Green Flag for our school. The Day of Action was organised by the committee and is part of the requirements needed to get our Green Flag. The day was filled with lots of environmental activities for the children.

Infants planted flower bulbs in the flower pots around the school.

1st/2nd class collected the rubbish around the school grounds.

3rd/4 th class planted flowers around the base of the trees and also on the flower mound.

5th/6th class weeded the garden and working with the compost heap.

The class activities commenced at 9am and go on until 10am.



Ms Andrea Browne and her class (1st and 2nd) collecting rubbish around the school grounds.



New Link 29

Paul Maher

(Parent)

planting

watering

the flower pots

around the

with junior and senior infants

school

grounds

and

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# THE OPEN DOOR by Monica Moffat

here was no need to knock on the hall door – it stood open, inviting all and sundry to enter. It seemed to brace itself – if that were possible – for the criticism that would ensue. Viewers peered into every nook, cranny and crack that was visible to the naked eye.

The Open Door becomes a reality, as the last family member passes on, or has no need of their old home through old age, or serious illness, after years of ownership or tenancy. The "For Sale" sign says it all.

In all areas of the city, the selling of old houses has mushroomed in recent months. There are many imperfections in old houses of a certain age. There is no need to cover up any flaws, as these properties sell like the proverbial "hot cakes", They vie in popularity with the affluent apartment blocks, but many people like to live on a street or adjacent to a roadway. To own a garden no matter now small, is a dream. To own your own house, if possible, seems to be in the Irish gene. The estate agent now possesses the house key. His job is to find a buyer.

Having negotiated all business deals, the first thing to appear on the scene is the skip.

As the bricks and mortar are dumped on to the skip - a lot of family history is mingled in the dust clouds that rise, inside and outside the vacated house. What tales they could tell, of laughter, tears, regrets, and dreams, they witnessed over the years - if only they could speak.

Old houses – like old monuments – have a mellowness about them. Their character shines, through every time and the workmanship highlights the patience and skill of the workers of a bygone era.

Young people today really know what they want. Location is the God of the buyers market, and the golden egg of banks and building societies.

The "Open Door" is here to stay for the foreseeable future, except of course you prefer the "view by appointment" by appointment method.

Finally you become the owner of the old house. You will revamp it, bringing the design up to date, using modern materials. Only the facade will remain the same, keeping it in line with the other houses of the same vintage on the street.

Living will resume again, between its new interior walls, whereby, another family history will commence.



Noel and Bridget Farrell on their Wedding Day in 1958. Reception held at 24 Markievicz House. Wishing them many more years of happiness and best wishes from their sons, Robert, Stephen, Paul and Noel.



Kathleen Lane doing her thing with Liam Gleeson at a 40th birthday party in Dalkey Island Hotel 1989.

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# REALT NA MARA Compiled by Alice Nelson



History on Memorial to Our Lady Realt Na Mara As compiled from the memoirs of Mr. William Nelson (deceased) late of 15 City Quay Dublin 2.

The idea of a Memorial to Our Blessed Lady was first suggested at a Retreat held for Dockers in Roebuck Retreat Centre in June 1950. It was intended to be a Marian Year (1954) Tribute to the Mother of God. Fr. Ned Rhatigan who was sent as Spiritual Director to the Docks by the then Archbishop of Dublin John Charles McQuaid had held this Retreat. Some weeks later a meeting was called of all the shop stewards of the dock workers

in the Marine Port Union Hall in Pearse Street. A Memorial committee was elected of which Mr. William Nelson, Mr. Patrick Lennon and others were members and Fr. Rhatigan was the Chairman. Soon afterwards Mr. Louis Dixon, a friend of the Nelson Family, was co-opted onto the Committee.

At that time Archbishop McQuaid had asked Mr. Nelson to organise a group of Dockers for Social Studies, which were held at 14 Gardiner Place to where the Marine Port Union had moved. The committee got involved in the social studies and at these meetings a collection was held for the Memorial. A certificate was to be issued to all that subscribed a guinea (21 shillings) at that time.

Funds grew rapidly, and all that had subscribed their 21 shillings duly received a certificate. However by the time Marian Year (1954) came the committee was still searching for a site somewhere adjacent to the docks but with little success. Eventually a site was promised about 200 yards east of the Pigeon House known locally as Costelloes.

About this time the committee was beginning to fade away. Fr. Rhatigan was assigned to a Parish, Lourdes Church, Rialto and was replaced by Fr. Vincent Keogh a curate in Ringsend. Eventually Mr. Nelson, Mr. Louis Dixon and Mr. Paddy Moran were the only members of the committee left with Fr. Keogh; also at about this time the meetings were changed from Gardiner Place to CYMS in Ringsend.

During Patrician Year (1961) the Inscription Stone of gold-lettered black marble was blessed in Ringsend Park by Cardinal Agagianian, Apostolic Nuncio, in the presence of Archbishop McQuaid and other eminent churchmen, and before a vast amount of people including government ministers. "By this time we had reached our target of £10.000, and although we had been promised a site we were now informed that we could not build on it as the ESB had acquired the property for development.

We next applied for a site at the end of the South Wall but this was also refused as a bridge was intended to be built connecting the South Wall with the North Wall now known as the East Link Bridge. We then made application for a site on the green belt on the Clontarf Road close to the Bull Wall, and for which Louis Dixon did a survey amongst interested parties but again without success" (Quotes from William Nelson's notes.)

Efforts were then made to secure a site on the hill of Howth and despite contact with Gainsford St. Lawrence of Howth Castle and others there was still no success.

"By this time it was becoming quite disheartening, and our thoughts returned again to the area of Clontarf. A suggestion was made that the Bull Wall itself would be a suitable site and an application was made to the Port and Docks Board. To our great surprise permission was granted", says Mr. Nelson.

Now that a site had been secured the cost had spiralled out of all proportion and although £15,000 had been collected an appeal had to be

made for more funds to make this a really wonderful tribute to Mary the Mother of God. It was 1971 and Mr. Bill Rhatigan (chartered accountant) had joined the committee. "At this time we managed to strengthen our committee", says Mr. Nelson. It consisted of myself (Chairman) Fr. Vincent Keogh (Spiritual Director), Louis Dixon (Secretary) Mr. Bill Rhatigan (Treasurer) Mr. Paddy Moran, Mr. James Tracey, and Mr.Joe Carrick.

It was this committee which brought the project to its final completion. Mr. Bill Rhatigan had proven to be a great asset, and Mr. Nelson believed that his coming on to the committee was an act of Divine Providence, as they had not known each other beforehand. The venue for meetings was changed again, this time to 15 City Quay, Dublin 2, the home of Mr.Nelson.

Although the site had been secured there were still some objections to be overcome principally from "An Taisce". "We survived a public enquiry", said Mr. Nelson and the dream was finally realised after Dublin Port's Memorial to the Blessed Virgin was given the official go ahead by the Minister for Local Government Mr. Molloy and after that it was now full steam ahead.

It was the intention of the committee to start on the Memorial by the end of October 1971 with what money they had collected. Mr. Rhatigan being a Chartered Accountant had become the Memorial committee's treasurer and with the support and practical help of others, things began to happen. By August 1972 over £17,000 had been collected but Mr. Rhatigan was appealing further for funds to meet rising costs.

Cecil King the sculptor had already finished work on the statue and it was being kept in a garage in Wellington Lane. Dublin Builder, William Lacy had completed preparatory work on the site. Consulting engineer Bernard Le Casne Byrne was also generous with his expertise.

The Memorial was erected on 24th September 1972. Many people including bishops, priests, sisters and government officials accompanied by a flotilla of boats and yachts from the local clubs attended at the Bull Wall promenade to see His Grace Archbishop Dermot Ryan solemnly bless and unveil the "Realt Na Mara" Memorial.

The Memorial rises 70 feet from a base of concrete carried down to the seabed. Three tapering columns 60 feet high carries an orb on which a tenfoot statue of the Blessed Virgin, made from a bronze-like non-reflective substance stands. The columns, made from a mixture of white cement and crushed Connemara marble, and ground down to a smooth terrazzo finish, looks like white marble. It has the appearance of three white fingers from the black, rugged rocks beyond the end of the Bull Wall promenade. With the bronze statue resting on the white orb, it represents the traditional Miraculous Medal pose – The Blessed Virgin with outstretched hands indicating the graces which she promised "to shower down on all who ask for them" when she appeared to St. Catherine Laboure in 1830. The Memorial is floodlit and faces towards the Port. Total cost £17,500 approximately. Memorial lights erected at a cost of £2,500 paid to E.S.B.

It was Mr. William Nelson's twenty-two years of dedication determination and perseverance and devotion to the cause that kept this project alive. He had said many times that most of the money had been subscribed by Dock workers, Factory workers,

and the poor of Dublin and it would be a breach of trust on the committee's part if it was to be used for any other purpose.

He refused to give up his dream that one day a Memorial to The Mother of God which is called (Realt Na Mara) meaning Star of the Sea would be built, and it was Mr. Bill Rhatigan and Mr. Louis Dixon and many others who helped realise this dream.

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### **SUFFERIN' DUCKS**

#### by Sonny Kinsella

n the late thirties and early forties a grand old marching band known by their nickname of the Sufferin' Ducks marched along the streets of the south side of Dublin city every Sunday after 12 am Mass. They consisted of about twenty or so men mostly ex-Army, World War One veterans who played all types of musical instruments including the big drum. They seemed to be qualified musicians, but to look at them you wouldn't think there was a musical note in their head. But what a surprise you would get when you heard their music. The real name of the band I cannot say as they were only ever known by the Sufferin' Ducks. I was only about eight years old at the time they were around and I never knew any of their names but they must have all came from the area local to Townsend Street. After 12 am Mass every Sunday they would assemble outside the premises of the Dublin Marine and Port Workers Union in Pearse, not far from the Queens Theatre, they would begin their march up Pearse Street, College Green, down Nassau Street into Lincoln Place, Westland Row, back into Pearse Street, turn into Tara Street then down Townsend Street where the band would receive a great reception from the locals who would be waiting for them at the same time every Sunday. As the band marched down Townsend Street the man playing the big drum would give the signal to finish by sound the drum with three loud bangs which to the present day is the signal for all marching bands to finish. At the corner of Moss Street and Shaw Street and also in Townsend Street was two pubs, one at each corner at the cross road. And with the echo of the third bang of the drum still in the air the whole band of the Sufferin' Ducks would have disappeared into the two pubs to quench their thirst after their Sunday morning march. The ending of the march was timed to perfection to end at the two pubs. The locals then going home for their dinner as the show was over till the next Sunday when it would be repeated all over again. This went on for many years. The Ducks never had a full uniform as apparently there was very little money in their funds at that time. The music was free but it would cost a lot of money to fit them out with a full new uniform. It's possible that

many years before they would have had a full uniform but hard times left them thread bare to say the least of it. Some men would have the uniform cap, some would have the coat and some would have the trousers. But not one of them would have the full kit. However it did not take away from their musical talent.

They did the locality proud, as I said before they were mostly all veterans of the First World War and they looked the worst of the wear, hence the name "The Sufferin' Ducks". I think they held their music practice in the hall of the Marine and Port Workers Union premises and that seemed the reason they assembled outside to start their usual Sunday morning march. But sad to say over the years it all came to and end, probably through old age, and deaths. My memory of this grand band locally known as the Sufferin' Ducks is as clear to me today as it was when I was an eight year old boy looking at them marching down Townsend Street there was another band to replace them and there never could be. The unnamed members (Sufferin' Ducks) of this old band brightened up the streets every Sunday with their music, and all for free. I'm sure the ghost of the Sufferin' Ducks still march down Townsend Street every Sunday after 12am Mass with the echo of the big drum sounding the finish at the cross roads at precisely the same time for the Ducks to quench their thirst

"The Sufferin' Ducks are no longer with us",
They have gone to a higher reward,
And the marches they played down here on earth,
They are now playing for the Angels, the Saints and
the Lord.



SONNY KINSELLA September 2004

Darren Geoghegan recycling!!

#### IN SICKNESS AND IN HEALTH

#### by George P. Kearns

#### In Sickness there is health and in health there is sickness

aving read the article about the human heart by the Community Doctor, Doctor O'Cleirigh I though I might pen a few words about my heart and its problems which more or less teased me for most of my life.

When I was very young and living in a tenement in Irishtown my heart was attacked by one of the viruses Doctor O'Cleirigh wrote about and that virus was Rheumatic Fever. I contracted and was temporarily paralysed with rheumatic fever when I was in or around six / seven years of age and on recovery I was left with a permanently damaged heart in the shape of a murmur, which is in fact a leaking heart valve, together with some damaged tissue.

While this heart murmur never really bothered me for the better part of my life, health wise that is. It did brand me as an invalid in my early and formative years. In so far as that our family doctor, who was attached to the firm that my father worked for, was convinced that I would never reach my teens because of this murmur and to boot he also managed to convince my mother that this was so.

In consequence, my mother over protected me and wrapped me up in overcoats, jackets, woolly jumpers which she knit herself together with scarves etc. At times I was like a living "Mummy" My schoolmaster and the Headmaster of my school were also of the same opinion that I wasn't long for this world. They probably came to this conclusion by judging me by my pale complexion, overdressed appearance and weak disposition. Their opinions however didn't stop them from dishing out corporal punishment whenever they felt it was due, and that was often.

In my late teens it also denied me the opportunity of a position in the firm that my father worked for, because the firms good Doctor wouldn't budge from his original diagnosis. Which not withstanding the fact that I did indeed have a heart murmur, I had at least lessened his conclusions by surviving my teens. Man, having a need to earn his bread was never a consideration, obviously in his eyes it would have been better for me to have died of starvation rather than a heart attack.

However I survived without that job, and managed without any ill affects to earn my living. In my thirties I once again suffered a visit from Rheumatic Fever which this time hospitalised me for a number of weeks, and fortunately, once again, I survived that attack. This time round the fever affect my joints rather than my heart, which seems to be the path it takes. My doctors in the hospital now advanced their diagnosis of my condition to that of Rheumatoid arthritis of which I still suffer from to day by way of what I call spasms or if you like spasmodic attacks. Years passed and I worked like a "Paddy" (one must be P.C) I had to, as most of my life I worked for myself, and I was the utmost task master. My attitude to work was always "Do it now"" and I had this little extended ditty that went;" Never put off till tomorrow what I can do today, because if I do it today and like it, I can do it again tomorrow.

My wife wouldn't agree with this vision I have of myself because of the long list of "To Do's" she has for me that are gathering cobwebs on the message board at home.

I smoked, sorry, that's a joke. I ate cigarettes and by the time I was aged fifty six I was using four packets of twenty John Player's a day. I liked a pint of the black stuff, was partial to a dark rum and diet coke, and I always followed the advise my mother used to give me when I was young. Dishing out a plate of cabbage, fatty bacon and potatoes for my dinner she would point at the fat and say, get that down you son, it will help grease your lungs. So much so, did I follow her advice, that for many, many years at Christmas time when ordering a ham from the local butchers, my wife and I would flabbergast the butcher by asking for a fat ham. "A butchers dream I was".

I must tell you here, that in the latter part of my smoking

years, because I couldn't cut back on my intake I was advised to switch to tipped cigarettes. This I did and for many months afterwards I suffered greatly with sore lips because of the fact that I had to compress my lips firmly around the tipped part of the cigarette in order to get a good drag of smoke down my neck like I used to with the plain John Player. I persevered until I got used to the tipped cigarette or perhaps my lips just got stronger. However in the process I very nearly got lock-jaw.

On Thursday, October 25, 1991, while watching an episode of Emmerdale Farm on the telly I got an excruciating pain in my chest, which brought me to my knees and seemed to last forever. It felt as if somebody had reached in beyond my skin and gripped something inside of me with a pair of pliers. The next day Friday about 4 pm I suffered a smaller though similar pain and my wife insisted that I visit our doctor, who after a thorough examination and without any fuss directed me to go to Beaumont hospital immediately with a note of her diagnosis. Arriving in the A & E about 6 pm I spent the next five hours being catalogued, examined, x-rayed and tested for this that and whatever, and at the end of the night, too late for a pint, I was sent home with a bottle of Maalox, which remained in our medicine cabinet, unopened, for a period of nearly ten years.

The next night, Saturday, having arrived home after a few social drinks in my local I had a massive heart attack and the ambulance was called to take me to Beaumont, and would you believe it, it would only happen to me, they never put on the Ehaw E-haw siren for me. As the wife often says to me, "Me things you notice".

I recovered, was sent home and two weeks later I had another attack, and again I was brought to Beaumont in a no siren ambulance. (it had to be a spare, hadn't it?) Again I recovered and I went on to develop my enjoyable walking habit which I inherited from my father, as a healthy exercise to help ward off further attacks. In 1995 aged sixty I walked the Marathon in the record time of six hours and twenty seven minutes.

Needless to say, while hospitalised with my first attack, my cigarette eating habits didn't weather well with my doctors and nurses, and I was ordered to stop smoking. I had tried to stop smoking many, many times in the past and always failed miserably.

Of course I wasn't allowed to smoke in the hospital ward and I was at the time unable to leave my bed, and this played a big part in my thoughts of life without cigarettes and influenced my decision to stop smoking. I don't have to tell a fellow smoker that the hardest part of giving up smoking is the thought of the future without a smoke and how to have a cuppa tea or a pint without the fag.

The day of my discharge from the ward, I had a word with my wife and daughter who had come to bring me home. Having been seriously warned off smoking by the nurses and doctors, I explained to my wife and daughter that in no way could I ever give up smoking as such and I went on to make a once off statement to the effect that, as I had not had a smoke for the better part of my two weeks in the ward without any tremendous effort on my part, that from now on I simply did not smoke, and that I didn't want to talk about it anymore, and would you believe it, it worked. Now some fourteen years later I have never once had a cigarette. There were and are times that I wished that I could smoke, but I know only too well my limitations, one fag and I would be back to eighty a day in no time.

I have also been solely tempted at times.

Some years back my only daughter got married and afterwards at the wedding reception I was having a chat with my eldest son when he decided to light up a cigarette, and at that precise moment he got collared by the official photographer who wanted to take a picture of him with his sister. As he hurried off,

## IN SICKNESS AND IN HEALTH (cont'd from page 36)

by George P. Kearns

without a thought, he handed me the freshly lit cigarette and mouthed the words," Hold that for me dad". My God, talk about temptation.

Life went well for me for many years, until a few years ago when I got a very bad cold and for some reason it affected my breathing and brought about an irregular heart beat which stayed with me long after the cold had taken its course and disappeared. I was hospitalised with this condition for a while in Beaumont hospital, upstairs in the eighth bed, of a seven bed semi -private ward, while the good "Charlie Haughey" with the same complaint I had, was housed with his entourage in at least two private units downstairs. However I hold no grudge, he did after all bring about the free travel pass for us, and I suppose it was now payback time.

My breathing got worse and at times I had difficulty in walking a short distance. To cut to the chase. I was advised to have a treble by-pass, which nowadays is very P.C. and a replacement valve. which I did. My operation was carried out in the Mater Private, if you don't mind, I mean one is very well off in these times of the "Celtic Tiger" and one must have the best. (In no small way thanks to my being in the V.H.I.).

I also had a choice of valves. I could have had a tissue valve, which would have allowed me to live without medication for a long time and a monthly health board charge of €78. - but - this valve also appeared to have a short life span in that it might have a need to be replaced in ten years time. Or I could have a Steel Valve that would last me for my lifetime, with the only drawback being that I would be subject to certain medication for the rest of my life and a forever increasing health board charge of €78 per month.. Not wishing another operation upon myself in the future, when without any doubt I would be much older and more frail I chose the latter. However, what nobody told me, was that I had a second leaking valve, a minor one, but nevertheless a problem however small and had I had this knowledge at the time of my choice of one valve or another I just may have gone for the tissue one. However only time will tell if I made the right decision.

I mention all this in order to advise anybody that might have a heart complaint to pay attention, listen carefully to all your medical diagnosis's, and weigh and debate well any decision you might have to make with family members and or friends, in fact a second medical opinion would never do any harm, except of course to your pocket.

Bearing in mind the effort I had to make, being the coward that I was, in order to present myself into the hands of the medical team in the Matter Private, I need never have worried. Booking in, I said to the receptionist, I just had one hell of a job forcing myself through those doors and here I am. Its up to you lot now to keep me here. Can I start immediately with the tranquillisers., (joke) The next morning, the day of the knife, or was it a buzz saw, I knew nothing, felt nothing and can hardly remember what happened. A few days later, being fully awake and aware of my surroundings I can only remember the pampering I got. Stiff and sore yes; but hardly any pain. The slightest discomfort and nurses in abundance were in attendance. Without any distinction the medical team and all the staff were wonderful. to say nothing of the attention I was getting from my wife and family. If there is a next time, I will simply present myself, lie on the bed, welcome any tablets or injections, relax and think of Ireland.

Having been discharged from hospital a few weeks and nearly €40,000 later none of it out of my pocket) I was ready for aftercare.

Aftercare, there is always aftercare, and the fees for this are out of your own pocket. €100 a go.

My surgeon had rooms in Eccles Street, and could well afford rooms in Eccles Street.

"Rooms", I ask you. To have rooms in Eccles Street now means you have "arrived" in the medical profession, when we had rooms, or in the case of my family one room in Eccles Street meant that one lived at the bottom end of the ladder in a tenement.

On my second last visit to my surgeon some six months after my operation, I wasn't feeling all that great and when he asked me how I felt J said. Not as good as I thought I should be by now. Why is that said my surgeon and I told him;

I get an odd cramp, in my left leg and most of the time my leg is sore; My ankles and feet swell a lot causing me to walk with a limp, which my G.P. tells me is poor circulation and I have a rash on my ankle and foot;

On more than one occasion this month I have had a noise in my head like a dialling tone from a phone hand-set And my breathing is not great, a single flight of stain and I am into heavy breathing. Having run his stethoscope over my back and chest. Mt surgeon tells me that I am doing fine. Well better than he thought I would six months after a treble by-pass and a new replacement steel valve, and he pointed out that;

A vein was taken from my left leg and it would take some time for the other veins to accept the extra workload; The noise in my head was probably an ear infection; The feet and ankle swelling he took care of by switching from one course of tablets to another.

And as to my breathing, well he said when I first met you, you could not finish a sentence, now you can. At the same time you cannot expect to be as fit as you were years ago, I will see you again in six months time.

With that I left the surgery, fully chastised, and feeling somewhat guilty for complaining. Now with my tail between my legs and to give myself a boost and regain some of my dignity; I paid his fee to his receptionist with secondhand recycled Euro notes, Kicked the door jam on the way out to increase my circulation:

Slammed the hall door shut to down the noise in my head and, limped and gasped my way down to the nearest pub and downed a good few pints to celebrate my good health.

My surgeon however did do a good job, I was simply expecting too much too soon. Thanks to him and his medical team I am now living a good and reasonably healthy life. Not as healthy as it was years back but adequate. I no longer am able for long walks but I can stroll for a while. My breathing is not bad but when a cold arrives, and they do arrive, they practically floor me. The arthritis comes and goes, but when it comes its most painful and lifting a cup or pint if you like can take some effort, and walking becomes impossible. There are many occasions when I have to ease my way into my car and struggle a bit to exit same.

On the plus side, and very much on the plus side I can take a jar, eat almost anything I like, excluding fat bacon of course, junk food and fries. Rum is a no go and of course fags are a distant memory. I find handwriting difficult, but I now have a computer.

Not walking, I lack exercise and for a time I put on some weight which appears to have attracted Diabetes 2. 1 brought down some weight by substituting more vegetables on my dinner plate rather that a large dose of potatoes and I cut back a little on my bread intake. Chicken is welcome provided it is skinless, meat well trimmed of its fat is allowed in generous portions a glass of red wine now and then is well advised, recommended and more than welcome, and I have become a coffee addict with no ill affects. I did for a while enjoy a passive smoke, but that too is now a thing of the past. Having been diagnosed a victim of Diabetes 2, which provided I am sensible and careful will do me no harm. On the plus side I found that most of the medication I have to take is free and I therefore don't have to pay the €78 which is now in the region of €88 a month health board prescription charge.

My ailments are at most private if you would follow my meaning. My steel valve is not obvious and my breathing difficulties are not recognisable, my arthritis causes me to limp now and then but unlike many who suffer from arthritis my joints are not distorted or gnarled. However a combined attack could devastate me and have me walking with one hand on a wall or railing for support. My parody on my surgeons visit is just that, a joke and please accept it as such. On the other hand there is nothing like a good moan, and my wife tells me that I am prone in that direction.

Its been said, that alls well that ends well, and I couldn't agree more. While the end may well be nigh it could also be distant, and one must take life, one day at a time.

# TALK ABOUT YOUTH PROJECT

# Wishing you all a very Happy South Docks Festival and Summer Activities

#### Hello all readers,

Its great to see we are into the summer, and the young people have got a long extended break - great! As with any time we are extremely busy planning the summer and planning for the future. Below is some updates on general project activities, information around the "Holiday Buzz" and up and coming events that can be planned into your diaries.

#### **Volunteers**

We are writing to say thank you to all our volunteers for your time and dedication, as you are all aware we thoroughly appreciate the time, effort and commitment that you contribute to the youth project. Below is a list of our volunteers that are with us, some of the them have been involved with us for years

Yvonne O'Callaghan Noel Watson Debby Moore Maria O'Callaghan Carole Buckley Jackie Reilly

Gareth Hevey Louise Byrne

We would also like to welcome on board our new volunteers who have recently come on board with us.

Ron Freeman Emily Coffey Paul Kiernan
Mary Kennedy Danielle Murphy Caoimhe Mc Clafferty
Elizabeth Gray Michael Cavanagh



Last but not least a special thank you to our entire junior volunteers who have trained with us and continue to assist us in our groups; they are a great assist to the youth project and to the community in general, well done gang. As always we are looking for volunteers if you have a couple of hours to spare or would like to contribute your time with us throughout the summer buzz, please feel free to contact Nina or any of the Youth Service Staff at 6771930.

# **Clubs and Groups**

just to let you know that clubs and groups are finished up for the summer. Each of the clubs & groups have planned their own finish up, members from Liffey Side & Pff are going to Tramore for a weekend away, South Siders are closing of with a Chinese meal, both Wednesday groups are saving there treat till September,

the Young Women's Group are going for a nice slap-up meal too.

We are aware there are children/young people who are on a waiting list for sometime, but since we have increased our numbers in volunteer we are planning to invite the waiting list applicants to join us in September.

## **Drug Education and R5E schools programmes.**

We have just completed an eightweek programme in City Quay School, which was designed for the students in 5th and 6th class. The programme consisted of a mix of topics; which included drugs and effects on the body, personnel hygiene, personnel development, puberty, life skills etc.

These programmes are all age related and designed individually for each class. The programmes are delivered into the primary and secondary schools within the area. The next programmes to take place will be with CBS secondary school, and then in Scoil Catriona in Baggot St.

#### **Well Done**

A special mention to the pupils of 5t~ class in City Quay School who recently visited France and produced a booklet describing their trip and what they got up to, "When we arrived in Paris we saw the Eiffel Tower - it was an incredible sight. After that, our next stop was to see the most famous street in Paris - the Champs Elysees. We had a perfect view from the tour bus" Extract from book

## **5 5tar Variety Show**

Well done to all the young performers who took part in the show on sat 14th May 2005. There were 48 young people aged between 4 & 18 yrs that took part in the show. We had a variety of acts: ranging from Rugrats dancers, Cinderellds dancers, the ladies dance group, we also had wonderful singers and comedians too, not forgetting GRANNY BB, who was excellent on the night.

We would also like to acknowledge, congratulate, and thank both the dance choreographers Maria and Gareth for all the work they did for the show. We would like give a big thank you to Debbie, Jackie and Louisa because without them we could not have done it.

## **Horse Riding**

Well done to all the young people who took part in the horse riding lessons which was held in the equine centre in Ballyfermot. They experienced what its like to own a horse, between grooming, mucking out, feeding, and generally taking care of the horses.

## **Scuba Diving**

# TALK ABOUT YOUTH PROJECT



We would like to say well done to the 30 young people who took part in the second scuba diving taster sessions, which were held in June and congratulate the lucky ten young people that went on to take part in the actual scuba diving course which was held in St Andrews (academic sessions) Marion college swimming pool for the diving lessons. We also wish everyone good luck in their scuba diving examination which is to be held in the Atlantic ocean at the K2 diving centre off the coast of Donegal on the weekend of 22nd / 24th July.

# UP AND COMING EVENTS Summer Holiday Buzz

This year we are running a Holiday Buzz programme throughout the summer, starting 11th July. We will cater for young children and young people from the ages of 4 up to 18yrs, the registration for the Holiday Buzz will take place the week of the 4 th July. This years activities will include swimming, over night residentials, computers, pictures, horse riding, 'Battle of the Sands', trips and much much more. The cost of registration for each child is €3.00. Look out for posters. Don't forget to register in PARC for the Summer Activities too; we will be assisting them throughout the summer.

Don't forget the South Docks Festival is also happening in July, 25 th - 29th July, this year as always will be filled with action packed activities for both young & old. As with every year, we have our Parade that leaves from St. Andrew's Resource Centre and goes into Merrion Square for the Fair in the Square. We are hoping that parents and young people will come in their fancy dress costumes, as we would like the Parade to be bright and colourful as possible.

# **Birthday Celebration Show**

As some of you may already be aware the Talk About Youth Project hosted a public meeting on Tuesday 31st May, this meeting was the first in the planning of Birthday Celebration Show - OURS, 'Our Unique Rising

Stars'. As many of you know the project is still celebrating the birthday.

In order to capture the talent within the area we are producing a show, which will take place on 29th November, if there is anyone out there who would like to help with costumes, make-up etc feel free to drop in to us for a chat. Looking forward to hearing from you.

## **Drug Awareness Week**

This year we are running the brugs Awareness Week from the 17th-21st October, this week is aimed at all age categories, it is another annual event that is put into our yearly calendar. The week is around looking at healthy alternatives / activities while still addressing the drug issue. The week will take place in the local area; in conjunction with various agencies, watch this space.

#### **New Ideas / Activities**

As always the youth project is always looking for new ideas and activities that will attract our young people, we are in the initial stages of designing and developing these at present. In late September of this year weare hoping to have a new youth computer club up and running. Another programme to look out for will be the new entertainment group, as was mentioned these are in the initial stages, if you would like to contribute to these or want further information please call in and talk to us

# DOORSTEP PROGRAMME CLASS OF 2005. With Susan Menton and Elaine Boland

On the 21st June we commenced the Doorstep Programme being run by St Andrew's Resource Centre in conjunction with the National College of Ireland - Aimed towards those mvolved in their local Community the Programme runs for eight weeks and is certified by the College. The first session was very lively and covered such topics as how did "Community" evolve and what does Community mean. This course is also a preparatory course for the National College of Ireland's Active Citizenship Programme.



Wishing you all a very Happy South Dock Festival and Summer Activities

# **DUBLIN DOCKLANDS COUNCIL UPDATE - June 2005**

# by Betty Ashe and Dolores Wilson

The following is an update on activity currently underway In Docklands.

# Young Persons' Self Development Programme

Two 2-day intensive CV/Interview skills courses were held in March and June for young Docklanders as part of the School Job Placement Programme.

# "Caught on Camera" - Docklands School Project wins National Award.

For the second year running the Authorit has won a prestigious Allianz Businss2Arts Award. This year the award was won for Best Collaboration In the Community for the -Caught on Camera" Docklands Schools Photographic Initiative.

# **Docklands Schools Festival - Dragon Boat Races** and **Boat Trips**

The Second Annual Schools Festival was held in May and June this year. The Dragon Boat races in May saw 10 Secondary School teams competing against each other on the day as well as 9 business teams from companies who have twinned with Docklands schools through the Authority's "Business Twinning Initiative".

# **Young Persons Talent Showcase**

This year over 80 children from the Docklands and its immediate hinterland entered the auditions for the Young Persons Talent Showcase. 6 - 11 yrs award went to Avril Meade. 12 - 16 yrs award went to Elizabeth Benham.

# City Quay National School students on cultural exchange visit to France

At the end of April this year 17 students from 5th class at City Quay National School went on an education visit to a primary school in Eu, Normandy sponsored by the Docklands Authority.

# Schools Drama Programme performs in the Samuel Beckett Theatre.

The Schools Drama Programme is now running in 15 Dockland Primary Schools. The aim of the Programme is to develop a range of drama and theatre skills, to stimulate

relaxation and creativity, develop trust and team work, improve concentration, self esteem and personal confidence.

## **Music in the Docklands**

Students from Larkin Community College and St. Josephs Primary School in East Wall teamed up to

compose their own 45 minute piece of music as part of the Authority's Education Project run by the National Concert Hall.

# **Docklands Football Academy**

Over 90 young Docklanders between the ages of 8 - 13 years old participated in this year's Academy which was held in the grounds of Tolka Rovers, Griffith Avenue.

## **Parents in Education**

Parents in Education closing ceremony was held on 25th May with about 30 participants attending. One parent from first year, second year and third event on how the course has affected them.

## **Splashweek**

During the Easter break over 80 young Docklanders took part in the 4 day annual Authority sponsored Spiashweek. The programme is run by Talk About Youth, the youth section of St Andrew's Resource Centre in association with the Community Gardai from Pearse Street Garda Station.

## **Schools Attendance/Behaviour Programme**

To increase students' attendance, improve behaviour and create a more positive attitude towards education Docklands Schools the the Schools Attendance/Behaviour Programme was introduced. Students are assessed on good behaviour, school attendance, punctuality, etc. The pr 'ect involves rewarding pupils for attending school regularly and measuring their attitude In school along with their level of co-operation to their fellow students, teachers and school staff. At the end of the academic year the students with the highest number of merit points receive a special award in the form of a visit to the UK on a cultural/education development course.

# **Development for Docklands School Principals and Teachers**

Therapeutic Crisis Intervention Management Programme The workshop, given by Johnnie Gibson, a leading expert in Therapeutic Crisis Intervenion, helps participants to understand and deal with risk and protective factors in the lives of children, youth, families and communities that affect family strength, child wellbeing and youth development. The Principal and Teachers from the 5 schools participating in the **Emotional Intelligence** Programme which started over a year ago took part in the final development workshop of the first phase of the programme.

# **DUBLIN DOCKLANDS COUNCIL UPDATE - June 2005**

# by Betty Ashe and Dolores Wilson

# "Sound School" Radio Programme

Close on 60 secondary school students from 6 of the docklands schools attended the closing ceremony of the "Sound School" Radio Programme on 23rd May. The ceremony was attended by the South African Ambassador, her Excellency Ms Melanie Verwoerd, at Dublin City Anna Livia Radio Station.

# **Discovering University Programme**

Close on 70 young Docklanders are set to attend this year's week long Discovering University Programme at the National College of Ireland. The Programme promises to

give the students a taste of College life through mock lectures and tutorials as well as extra curricular activities.

# The Sean O'Casey Pedestrian Bridge.

The new pedestrian bridge is due to open mid July 2005

## **Affordable Housing**

Teeling Way - East Road: Purchasers of the 9 apartments allocated took occupancy in mid-April.

## **Docklands Fun Run**

The Docklands Fun Run was once again a areat success with 1,100 entrants participating in this year's event. The winner finished in a fantastic time of 23 minutes.

# Liffey Voyage becomes Spirit of DockJands

Planning permission was granted for the landing station for the Liffey Voyage which has now been rechristened, "Spirit of Docklands", at the boardwalk between Ha'Penny Bridge and O'Connell Bridge.

## **Grand Canal Dock**

Lettings and sales of commercial space at Grand Canal Dock are going well. Units have been reserved for Esquire's Coffee House, a late night pharmacy, Spar and a number of

restaurant/eateries including a Spanish style Tapas Bar and an Italian Restaurant.

#### Jeanie Johnston

The Jeanie Johnston will be making the Docklands its new home. Contract arrangements are currently in discussion. The plan is to locate the Jeanie close to the famine statues thus creating a national monument to the victims of the famine.

# LIFE CENTRE - FAIR IN THE SQUARE









# SUMMER PICTURE SPECIAL





Parents of Groom Fred & Elizabeth Christie enjoying ....Wayne Christie & Jade McDermot's weddng in St. Andrew's Church 21st May 2005. DOn't they look gorgeous!!!!!! Congratulations.



Locals Chrissy and Noeleen wishing Bank of Ireland Manager Mike Murphy all the best in his new posting.



Alice Ryan with her beloved son Eric, daughter Sarah, grandchildren. Eric was on a visit from San Francisco.



Pauline, Sheila, Louise and grandchild - 4 generations of the Boland Family, Pearse House.



**Rock on Tommy** 



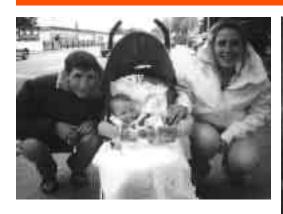
**Happy Summer Tommy** 



May, Carmel and Kathleen.



# SUMMER PICTURE SPECIAL











Congratulations to Rory of the Windjammer on the birth of his newborn baby.









# CITY QUAY PARISH PICTURE SPECIAL



Many things have happened over the past three months in our Parish from major celebrations where 19 children received there first Holy Communion to 20 children receiving the sacrament of confirmation under Bishop Fiachra O'Ceallaigh.

Despite the fact that he has suffered so much owing to ill health during the year he placed the people of the quay before himself. From a matrimonial perspective we have never celebrated as many weddings in our time in C.Q from India to Pearse St.

It's great to see a few Indians among so many cowboys.



As you all know change is part of life. We were sad to see Fr. John Feghey S.V.D. go after 6 and a half years service to our Parish for which I'd like to say a big thanks on behalf of all.

We now have Fr. Normal Davitt S.V.D. with us a temporary replacement until our new man comes in September. We welcome Norman.

The new face of church is beginning to show its face in the Quays from the Philippines, Latin America, China, India, Italian, New Zealand.

Many Faces One Heart - all are welcome.











# CITY QUAY PARISH PICTURE SPECIAL



















# **ONLY JOKING!!!**

# - Compiled by Br. Michael

#### **BEST POSITION FOR EFFECTIVE PRAYER**

Three priests sat discussing the best positions for prayer while a telephone repairman worked nearby.

"Kneeling is definitely best," claimed one priest.

"No," another contended, "I get the best results standing with my hands outstretched to Heaven".

"You're both wrong," the third insisted. "The most effective prayer position is lying prostrate, face down on the floor."

The repairman could contain himself no longer. "Sorry", he blurted out, "the best praying I ever did was hanging upside down from a telephone pole."

## **WRONG MESSAGE**

In opening his new store, a man received a bouquet of flowers. He became dismayed on reading the enclosed card, that it expressed "Deepest Sympathy".

While puzzling over the message, his telephone ran. It was the florist, apologising for having sent the wrong card. "Oh, it's alright," said the storekeeper. "I'm a businessman

and I understand how these things can happen."
"But," added the florist, "I accidentally sent your card to a funeral party.".

"Well, what did it say?" asked the storekeeper. Congratulations on your new location – was the reply.

A deacon a bishop and a priest are doing missionary work in a far off land. They are captured by the local government and sentenced to death.

They are all given a last wish.

The Deacon asks for a wonderful last meal. Caviar, shrimp stuffed with crab meat, Filet Mignon and a bottle of his favourite wine.

The Bishop is disgusted with this final act of indulgence. I'd like the chance to preach one last sermon. One final chance to sum up my knowledge of the scriptures and relay it to those who need to hear and understand the word of God! One final chance to save their souls and do the bidding of my God. One last opportunity to do His work here on earth, summing up all that I have learned and giving it freely to the people of God.

The Priest says "just shoot me before the Bishop starts his sermon"!

### **GIVE US THIS DAY**

My grandmother, who lived in Pearse Street was well



Congratulations to Dinny and May Tomkins who celebrated their 40th wedding anniversary recently, from family and friends. Lots of love. known for her faith and lack of reticence in talking about it. She would go out on the front porch and say "Praise the Lord"! Her next door neighbour would shout back "There ain't no Lord!"

During those days, my grandmother was very poor, so the neighbour decided to prove his point by buying a large bag of groceries and placing it at her door. The next morning grandmother went to the porch and seeing the groceries, said "Praise the Lord!"

The neighbour stepped out from behind the tree and said "I brought those groceries, and there ain't no Lord". Grandmother replied, "Lord, you not only sent me food but you made the Devil pay for it!"

## **NOT EASY FOR A RICH MAN**

During a church meeting a very wealthy man rose to give his testimony.

"I'm a millionaire," he said, "and I attribute it all to the rich blessings of God in my life. I can still remember the turning point in my faith, like it was yesterday:

I had just earned my first money and I went to church meeting that night. The speaker was a missionary who told about his work. I knew that I only had a fifty euro bill and had either give it all to God's work or nothing at all. So at that moment I decided to give my whole money to God. I believe that God blessed that decision, and that is why I am a rich man today."

As he finished it was clear that everyone had been moved by this man's story. But, as he took his seat, a little old lady sitting in the same pew leaned over and said "Wonderful story! I dare you to do it again!"

#### A PRAYER TALE

A tale is told about a small town that had historically been "Dry", but then a local businessman decided to build a tavern. A group of Christians from a local church were concerned and planned an all-night prayer meeting to ask God to intervene. It just so happened that shortly thereafter lightning struck the bar and it burned to the ground. The owner of the bar sued the church claiming that the prayers of the congregation were responsible, but the church hired a lawyer to argue in court that they were certainly not responsible.

The presiding judge, a man wiser than most, after his initial review of the case, stated that "no matter how this case comes out, one thing is obvious." When asked what that was, the judge said "that it is evident that the tavern owner believes in prayer and the christians do not".



Isle of Man August 1955 (Glamour Bar Maids) Maggie, May, Julia, Theresa and Vera. (No strike on here).

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# DOYLE'S SUMMER PICTURE SPECIAL





Customers are always expertly served by John and his excellent staff.

#### ONLY NEW SELL WE SEASON LAMB

John, Maureen and staff would like to wish the Community a very Happy South Docks Festival and Summer Activities





Telephone: 677 1242 / 677 1938 / 677 1933



# **WESTLAND ROW / CITY QUAY SUMMER ACTIVITIES 2005**

# (VOLUNTEERS NEEDED)

DAY TRIPS FOR ALL AGES

# **SWIMMERS**

10am - 2pm Thursday and Friday

**FOOTBALL** COMPETITION

6 weeks

**FULSOL TRAINING** 

**6 FAMILY** DAYS -**Thursdays** 

HURLING **TRAINING** 

**8 WEEKS** 

**ACTIVITIES** 

**AGE** 

4yrs

to 18 yrs

**TALENT** COMPETITION

+ FANCY HAT + FANCY DRESS

**KIDS KARAOKE** + POOL COMPETITION

**OUT OF BOUNDS PROGRAMMES** 12 years up

**BOOKING EVERY THURSDAY – 6pm to 8pm** 

€2 to Register **VENUE: P.A.R.C.** 

Phone: 677 1859 for Queries

# 18th South Docks Festival 2005

Can you believe it's that time of year already!

This years festival will be packed with fun and excitement!
This years brochure will be available soon so you can see what's on and were you can join in.

Below are some of the activities happening this year.

- We'll be heading "down to the woods today" for the Teddy Bears Picnic with the little ones.
  - Watch out Glendalough when we head off to Trooperstown Woods for a challenging hike.
- Get your pens out for the Jack Wright Memorial Quiz with a twist this year.
- Talent Galore in the Talent Show run through the local Pubs, Watch out Kylie Manogue and Rod Stuard! Pool Competitions for the Ken Doherty's of this world.
  - Bouncing Madness all day Wednesday.
     The Small ones in the morning and the Older ones in the afternoon.
  - Fantastic Parade leaving the centre on Friday and heading to Merrion Square for a great show that includes Clowns, Performances, Balloon Modelling, music, face painting, plenty of fun and laughter.

So come on down and join in the fun.

