

THE NEW LINK

Issue 106

Christmas 2017

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REFLECTING ON ANOTHER SIGNIFICANT YEAR

It is hard to believe that 2017 is nearly over. It seems no time since we were looking forward to its beginning. New Year resolutions were made. Some were kept, but most, I suspect, dissolved like early morning frost.

For many, this has been a good year: new jobs and new schools started; new friends and partners, some weddings and great memories. For others, it's been a sad year. The empty place at the Christmas table will be a stark reminder of partings during the year.

As a community, it has been good. We had a great summer and a fantastic South Docks Festival. Young people came and went on exchange visits. Summer outings and holidays for our senior citizens made for happy times.

Much success in the Job Centre, too: a new approach to helping people get jobs on the many building sites around the area proved highly successful, including for some who had nearly given up hope of getting back to work.

The important thing about St Andrews is that it is here for good times and bad, for those who know us well and for those calling for the first time. No matter what age or colour or circumstance, the door is open and the welcome is warm. Officially, we are a Family Resource Centre. In some ways, that says it all. We are at the centre, the heart of this community. We aim to be a resource to accompany and support people as they face the many challenges of life. And we are about family. We know that families come in all shapes and sizes. They say that home is where you go knowing that they have to take you in.

Our community, too, is a family. At our best, we are there for each other, no questions asked. Like all families, we have our bad days. Disagreement and rows can spring up as quickly as the weather can change. But mostly, and in the end, we are here for each other.

Next year, we will host in Dublin the World Meeting of Families. Pope Francis is expected to visit. We will celebrate who we are. We will remember that, at our best, we resemble the family whose story is celebrated every Christmas. They were migrants in a strange place. They were homeless. They were the subject of suspicion and became refugees. But they loved each other. They had a sense of purpose. They did not know what God's plan for them would be. It would bring suffering and heartbreak, but also great joy and, ultimately, the experience of God in the triumph of life over death, love over hate.

For a few moments, in the middle of the Christmas madness, we remember their story. In our best moments in the year ahead we will remember it again. In those moments, we will truly celebrate our families and the family we are together. And we'll remember that the best families reach out and share their love. Love can move mountains – and build Resource Centres!

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I Don't Know Much About Art



..... Rhonda Hill



Since its grand refurb and the reopening of all the galleries in June we have delighted in the results of the massive renovations undertaken to one of Dublin née Ireland's national treasures, The National Gallery of Ireland (NGI). After a period of what seemed like forever for art lovers: six years to be precise (and yes I for one was counting!) the makeover was well and truly worth the wait. This is the place to go if you want to experience style. The museum has retained some of its older features and efforts were made to highlight these as well as the new throughout. This is done in a tasteful and subtle yet deliberate manner, turning this excellent gallery into an absolute must for anyone even slightly interested in visual arts. Did I mention it's free?



Yes this free Dublin attraction is the perfect family day out on those cold winter days and a great way to fill up the Christmas holidays. There are lots of child friendly events happening with free drop in workshops and free family tours of the collections. What a fun



and entertaining way to teach the young ones about our great Irish art heritage.

Home to a collection of over 15,000 works of art and sculpture there is a lot to see, like Ireland's favourite painting and one of the many jewels of the collection, *Caravaggio's The Taking of Christ*. And what about the huge restoration to a masterpiece of Irish art *The Marriage of Strongbow and Aoife* by Daniel Maclise, on display in the magnificent Shaw Room with its rows of sparkling chandeliers and a grand staircase that leads to various galleries beyond. The rest of the permanent collection offers the best examples of art through the ages. Those of you who watch Sky Arts Portrait Artist of the Year will already know that the 2017 winner Gareth Reid was

commissioned to paint the TV personality and comedian Graham Norton and this artwork is part of the National Portrait Collection. Those of you who don't, well it's as good an excuse as any to pop in and have a look. But what really impresses are the many Irish artists and their rendering of the history and life of the Irish people. Most of our native Irish artists have been brought together in adjoining rooms to showcase our modern and historical heritage. You are allowed to take pictures unless the art installation advises against. The one piece of we are actually encouraged to touch can be found in the enclosed courtyard. *Magnus Mode* is a fantastic sculpture by furniture maker Joseph Walsh. Can you spot the join in this seamlessly seamless design?



I Don't Know Much About Art

..... Rhonda Hill

Here at St. Andrews Resource Centre we have our very own piece of the National Gallery of Ireland. The NGI have provided us with two facilitators as part of a ten week programme of music and art for young children and their careers themed around Magnus Mode. This programme is aimed at encouraging young children to participate in the arts.



The National gallery of Ireland is a wonderful way to spend the day enjoying the treasures of European art and Irish culture. Take the time to truly see it or you might want to take it in small doses. The website is quite good, and will help you to focus on certain paintings, if you decide to plan your time there in advance. Most museums are best experienced with an expert - either a human guide or an audio one.



There are free tours of the collections most days at lunchtime but if you prefer you can also take the gallery at your own pace taking advantage of the audio guide. Both experiences will not disappoint. The gallery also hosts special exhibitions of master artists. There is an admission charge to some of the special exhibitions but there are concessions available.

The National Gallery of Ireland is just off Merrion Square which is located in the heart of Georgian Dublin, a short stroll from Pearse Street. Once you're there it's very accessible with good facilities for disabled visitors. The gallery opens promptly at 9.15am and closes at 5.30pm daily, except on Thursdays, when the gallery remains open until 8.30pm. The staff are helpful, charming and clearly enjoy their job. Don't be put off asking them questions. Even if you are not an art buff, give it a whirl, you won't regret it!




Current and upcoming exhibitions: Kathe Kollwitz – Life, Death and War until 10th Dec (free admission) Frederic William Burton – For the Love of Art 25th Oct - 14th Jan 2018 (admission charge) Aftermath – The War Landscapes of William Orpen 11th Nov – 11th of Feb 2018 (free admission) of The National Gallery of Ireland, Merrion Square West Dublin 2, Ireland + 353 1 661 5133. info@ngi.ie

Free Stuff @ Christmas

With all the expense of Christmas it's nice to know that there are still some events out there that don't take a hit on the wallet. Yes free stuff still exists! Familyfun.ie is a great site to source free events and competitions. There's even a colouring in book that you can print off to entertain the young ones on those wet winter days. DublinEventGuide.com and Eventbrite.ie are also great website to check out for free festivals, markets and events happening in your area.



And lastly Christmas Events in Dublin is a seasonal site to check out prior to the holidays and get you in the mood for the most wonderful time of the year.



*The route to Dad's funeral
brought back so many memories.*

Even with so much going on on the day of a funeral, we believe that small details can make a big difference. Whether it's taking a funeral route that brings back memories, or suggesting that a family member takes home a flower from the wreath, we pride ourselves on thinking of everything, as even little things can mean so much.

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ours are with you.



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Gus Nichols

PAST NICHOLS – THE UNDERTAKERS – Part 5 SIX GENERATIONS OF A DUBLIN FAMILY BUSINESS

FAMILY EVENTS (continued)

In September 1921, to the delight of her older sisters, who had been wishing for another baby in the family, Charles and Madeline's last child, Norma Victoria, was born. Charles's grandchildren were very amused to find that they now had an aunt who was younger than they were, and as she grew older they teased her by calling her "Auntie Norma". The birth of Norma must have been of some consolation to Charles, when within less than a year, on 21st April 1922, his third son, Ned, died from a form of heart disease. Ned's early death, at the age of 37, was a cause of great distress to the entire family. He was buried with his mother in Mount Jerome Cemetery.

Family life continued with the birth of more grandchildren for Charles. Jim and Sheila had two children, Jim and Mary; Har's daughter, Daphne, was born; and Al had another son, Douglas, and a daughter, Joan. On 13th December, 1923, Dick married Christina Grace Klingner (Ina), daughter of Augustus Klingner and his by now widowed wife, Christina Dewar (Tinny). Augustus Klingner had been an accountant with offices in College Green, which at that time was a centre for insurance and accountancy firms. His son, Frank, followed in his footsteps and became a senior partner with the accountants, Stokes Brothers & Pim.

Dick and Ina were to have five children, Rhona, Charles Edward (Eddie), Gretchen, Richard and Michael. Charles Edward (Eddie) would grow up to take over the running of J & C. Nichols in 1953.



Arthur Nichols (second right) with the Adelaide Orpheus Dance Band, early 1930s.

YIELDING PLACE TO NEW

The first recorded motor hearse appeared on the streets of Sheffield in April 1900. It was the brain-child of a funeral

furnisher, Reuben Thompson, who built a hearse onto a chassis of a 12hp Wolseley. The first motor hearse with a quiet engine, which could be driven at a walking pace, was produced in 1910 by Pargetters of Coventry, a family-run undertakers which is still in business today. By the 1920s the well-known motor manufacturing firm, Daimler, was the biggest builder of motor hearses and limousines. Motor hearses were slow to catch on. They were very expensive and could also be unreliable and costly to repair. Added to this was the natural conservatism of a public accustomed to comfortably familiar funeral rituals, one of the most visible of which was the dignified horse-drawn hearse with each horse's head surmounted by nodding black plumes.¹



KE233: Funeral cortege of Dr. Walsh, Archbishop of Dublin, on its way to Glasnevin; note the white plumes, which were used for the clergy as well as children and young, unmarried women, 1921. (Courtesy of the National Library of Ireland).

With advances in technology, motor vehicles became more efficient, reliable and cheaper; their usage rapidly increased, and more and more took to the roads. The many advantages of mechanised transport over horse-drawn transport meant that horses were gradually superseded by motors. As everyone grew accustomed to the sight of motorised transport, attitudes to motor hearses slowly began to change, and such hearses gradually gained acceptance. By the late 1920s and early 1930s, horse-drawn hearses still outnumbered motor hearses, but as the 1930s drew to a close, that position was reversed, as a greater number of people opted for motor hearses.

The first time Nichols used a motor hearse was on 17th December, 1920, when a lady was removed from her home in Rathmines to Newbridge in Co. Kildare for her funeral service. This hearse had been rented from Colliers of Bray, another family-run undertakers, still in business today, and one of the earliest users of motor hearse.

1. According to a *Sunday Independent* article from 1973, "Death in the Post", the horses' plumes were one of several funeral traditions that are no longer in use: "Black plumes on the horses' heads ... indicated that the cortege was that of a married person; while white plumes and white borders to the trappings showed it to be that of an unmarried person of a child." Other traditions included driving twice around a block and pausing for a minute outside the dead person's home – a practice which lost favour as traffic conditions grew difficult – and coffins being taken through a window instead of a door, "inspired, apparently, by a belief that there is less likelihood of another body following it."



Part Of Chapter One of My Novel “Sir Charles” by Annie Losty Byrne

SIR CHARLES WILLIAM CROSTHWAITE DU BÉDAT OF DIGBY PLACE

Chapter One Sir Charles Crosthwaite employs private investigator, Michael Dwyer to investigate the thief of a valuable necklace.

Pauline Hogan moved swiftly over the threadbare carpet and placed the white and gold embossed card in her employer's hand and when he glanced at her she made a face indicating that there was a very important person outside. Private investigator, Michael Dwyer, read the card and his face lightened a little. He could do with a laugh and he nodded to Pauline to bring the visitor in but the man who entered his office quickly dispersed Michael's idea of having fun at his expense.

Sir Charles William Crosthwaite Du Bédât of Digby Place, Co. Kildare took the business of being Sir Charles with the utmost seriousness and intended that everybody else should do the same. From the 'age of reason' he had undertaken the task of deporting himself in such a way as not to demean either his family line or history or himself. He had been born into an aristocratic family which had acquired land and property in County Kildare centuries ago and Sir Charles had every intention of upholding the distinctions and privileges conferred upon him by God and man and some which they had not.

Sir Charles was dressed in the best that London and Dublin had to offer. His suits were tailor-made, his shoes handmade, his gloves and ties made to specific instructions. Like every department in his life, Sir Charles' wardrobe was given serious and meticulous study until he was completely satisfied that he had done justice to himself. Unfortunately, his ideas of his own importance, quite frequently resulted in either Sir Charles being diddled out of money or proper results, though he would disdain to recognize such a vulgar word.

He abhorred the native habit of Irishising the English language and he refused to recognize words which were not in the Oxford English Dictionary, or words which, in his opinion, lowered the tone of conversation. In short, Sir Charles was a pompous ass and no one dared point out to him that his highly-inflated ideas of his position and importance in life were things of which other people sometimes took advantage.

There were subjects that one took care never to mention to him and one was the possibility of Sir Charles ever having made either an error of judgment or even more vulgarly put - a fool of himself. Without realising it, Sir Charles had placed himself upon par with God, only God does not make mistakes and Sir Charles frequently did but those who had imprudently tried to suggest that some disaster might be laid at his door, soon backed off, convinced that Sir Charles' gift for stupidity had made his armour-plating impenetrable.

Michael Dwyer eyed Sir Charles and wondered where the old fossil had come from for he did not recognise the name Digby. He observed Sir Charles' slight hesitation before accepting the invitation to seat himself. Michael had to resist the urge to tell the old boy that he would not catch any fleas even if the chair's innards were sticking out here and there.

"Well, what can I do for you, Sir?"

Michael's army training was responsible for the 'Sir', but Sir Charles took it as a tribute to himself. He continued to stare across the desk, wondering was this man suitable? Was he to be trusted? Lord Dungannon had repeatedly assured him that Dwyer was a 'rough' diamond but cheap and completely trustworthy and that was the sort of man whom Sir Charles needed. He swallowed, then from an inside breast pocket took out an envelope which he passed across the desk.

"This will explain things to you. A good friend of mine, Lord Dungannon, has assured me that you are competent at your work and can be relied upon to keep your mouth buttoned tightly and that is essential to me. You understand?"

Michael nodded his head in agreement. He was looking at a photograph of a middle-aged, expensively dressed woman; around her neck she wore a magnificent diamond necklace and she had matching earrings and bracelet. The jewellery must be worth a small fortune,

especially the necklace for the central stone which was pear-shaped, was a good size and it was framed by small diamonds; then on either side of the main stone the necklace consisted of diamonds which sloped in size until the necklace vanished around her neck. The next photograph was of a woman from another generation, wearing the same jewels. He stared hard, the exact same set.

"I presume it's the jewels?" Michael quizzed.

Sir Charles' face reddened, much to Michael's amusement though he was careful to hide it.

"Unfortunately, yes. The necklace, a most valuable one, is missing. It looks like an exact match to the rest of the jewellery but is, in fact, a unique piece. It came to my family via a connection with the English Royal Family".

Sir Charles paused. He was quite pleased about that little piece of family scandal, thinking it no disgrace on his great, grandmother's part to have enticed the future King of England into bed but he was not going to share intimate family history with a private investigator.

"And ...?"

Sir Charles hesitated for a moment. He stared hard at Michael, wondering once more about his suitability for the task. He did not think much of his office or its location - the third floor in a shabby house in North Earl Street nor this fellow's accent - North Dublin? Nor his style of dress. Sir Charles' eyes travelled over Michael's person. There was, in his opinion, no excuse for not making the best of one's appearance even if one was born disadvantaged. This buffoon was obviously one of the new breed of working class person, one who did not know his place in society, did not know how to dress or speak and, worst of all, did not care about such things, however, Lord Dungannon had insisted that he was reliable. Sir Charles decided to take a risk.

"I will be frank with you. My family, which is one of the oldest and noblest families in Kildare, in Ireland, faces social embarrassment if this necklace is not found. On the night of the 31st May we have a ball, an old family tradition, in honour, well, there is no need to explain all the details but this necklace is always worn at that ball and I must have it back by that date. I will not tolerate failure in this regard. You understand?"

"I understand you want it back. But who took it?"

Michael could not withdraw his stupid question. He watched Sir Charles' face redden in annoyance.

"That is what I want you to ascertain. I am not in the habit of associating with thieves. My family and friends are above reproach. That is understood. My wife only discovered that the necklace was missing last week and she is in a state of shock. We all are. It is terrible to think that one of the servants is dishonest, perhaps they merely collaborated with the thief, or thieves, but it is terrible to think that one is surrounded by untrustworthy people".

"Indeed!"

For a brief moment, Michael wondered had he gone too far but Sir Charles did not dream that anybody of Michael's social standing would dare to be sarcastic with him.

I have been writing for years and have tried to get published without success so last year I decided to go the Amazon Kindle Books self-publishing route. My first effort was a novelette called 'That Year in Rome' which is too short to be published as a paperback; my second attempt is a full novel and is published as both an e-book and a paperback. It is called 'Sir Charles William Crosthwaite Du Bédât of Digby Place'.

If interested in purchasing go to Amazon Kindle Book Store:- up comes 'Amazon.com: Kindle eBooks: Kindle Store: Literature and Fiction', click and then type in the Kindle eBooks search box: Annie Losty Byrne and up comes my two e-books. Scroll down a little and you will find the paperback edition of "Sir Charles".

When I retired I joined the PS Writers Group and Patrick McGauley, editor of *The New Link* has been most encouraging and has published many of my short stories in the magazine. The inspiration for many of these stories comes from Mary Fleming, the facilitator of the writers group. Sometimes a body needs a 'spur' to get them going! And Mary does that!

IMPORTANCE OF VACCINES

We are entering the flu season again this year and GP's are busy giving people the flu vaccine. The newspapers were also busy, reporting from Australia about their flu season because they have just come through their winter season. Based on the answers people give when offered the flu vaccine, there is still a lot of uncertainty out there. Many people say that they never get the flu so what's the point in getting vaccinated. Fair enough – but I bet you have car insurance even though you were never in an accident. I have never had the flu myself but I get the vaccine each year. Every person in this country is vaccinated against polio and tetanus and we hope never to see these illnesses again.

The more difficult person to convince is one who says they got the vaccine one year and were very sick or got the flu. Behind this is the belief that the doctor is giving you small dose of the flu when he gives you the vaccine. This was true over a hundred years ago when the concept of vaccination first started with smallpox and rabies. The discovering of genetic engineering some years ago means this is no longer true. That means it is no longer possible to get a dose of the flu from the vaccine.

I ask these people a simple question. If you won the lotto the day after you got the flu vaccine, would you conclude that the vaccine was responsible for your win? Yet that is what people do when any symptoms of ill health follows on from the vaccine. It is important to say here that the flu vaccine prevents the flu and not the various head colds that we all get throughout the winter.

Unfortunately it is true that the vaccine may not stop all cases of the flu. The flu virus is capable of changing every year and a group of experts decide each year which ones to put in the vaccine. There are three separate types of flu virus covered in the vaccine each year, but every so often we are caught out.

Everyone will remember the bird flu episode. This was a completely new virus we had not seen before so potentially it could have killed vast numbers of people worldwide. It took almost twelve months for industry to make completely new vaccine and distribute it around

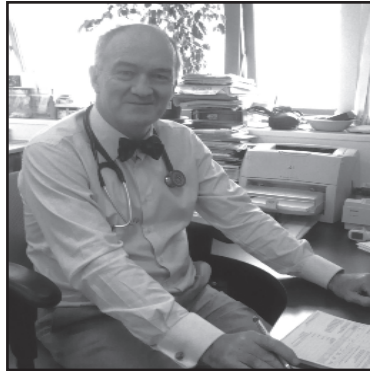
the globe. Since then, that virus has been included in the annual vaccine so that vast numbers of people are protected against it. However such an event will happen again.

There is some concern that the

Doctor O' Cleirigh

M.B., D.C.H., D.O., M.R.C.G.P., M.I.C.G.P

YOUR COMMUNITY DOCTOR



flu virus seen in Australia this winter is not covered by our vaccine. If it arrives in Ireland you can expect a rise in flu cases and chaos in our hospitals.

However our flu cases have tended to come from Asia rather than Australia so nothing is certain. It is still well worth getting the vaccine because there is what we call cross over protection.

The other vaccine in the news a lot recently is the vaccine that protected against cervical cancer. It was discovered a number of years ago that a specific virus known as Human Papilloma Virus or HPV

was responsible for the vast majority of cases of cancer of the cervix in women. This immediately opened up the possibility of vaccinating against these viruses and therefore getting rid of cervical cancer completely.

The HPV is spread by sexual activity and therefore it was decided to give the vaccine to girls between the ages of 12 to 16 years old. There are three separate shots of the vaccine given over a six month period and the total cost is about €600. Based on this cost, it was decided not to vaccinate boys. In theory if you vaccinate both sexes you had the possibility of eliminating the HPV completely from the country. In reality this is probably utopian.

Giving a vaccine over a six month period in this age group was always going to be a challenge. Any illness or adverse event was likely to be blamed on the vaccine, especially if it occurred for the first time during that time. Any parent with teenage children does not need to be reminded that the ages from 12 to 16 years can be challenging.

Never the less doctors need to look carefully at every single vaccine and track them for side effects. The Gardasil vaccine currently being used in Ireland is used in 25 of the most advanced countries in Europe and in the English speaking world. Over 200 million doses have been given and experts monitor the reports looking for any trends in side effects. So far there is no evidence of unusual or significant side effects.

Unfortunately there is a fall in the number of girls getting the vaccine, with only half of all girls getting it. We know that about 90 women die each year in Ireland from cervical cancer. We also know if we vaccinate every single girl we will prevent at least 70 of these deaths. This means there will be 35 deaths in the future that could have been prevented by the vaccine. As they would all occur in 20 to 30 year's time, it may well be forgotten that we had an effective vaccine but they opted not to get it.

Dr. O' Cleirigh wishes the Community a very Happy Christmas and a Healthy New Year.



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Wishing the Community a very Happy
Christmas and a Peaceful New Year.

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Why Worry!!

by Tony Rooney

I am a worrier. I've always been a worrier. I was born a worrier. My parents told me that after my birth in Holles Street Hospital I caused consternation by not making a sound for a full week. Doctors and consultants were called in to examine my heart, my brain and my lungs, but they needn't have bothered, there was nothing wrong with me; I was simply scared to make a noise in case my mother and I were put out. The rest of the infants had no such reservations, but I didn't know them, so why should I put my safety at risk for people I didn't know.

I learned to walk, and talk at a bad time, it was the 1930's and everyone seemed to be concerned about something they called "The International Situation". Whenever my parents brought me to the movies I'd see this man they called "Rolf Hitler". He spoke in a strange language (but then so did I), and for some strange reason he frequently pointed towards his bedroom window; and all his friends would get excited and they'd point towards the bedroom window. This caused me a great deal of worry, and I'd lie awake at night wondering if Mr. Hitler was coming to our house to tell my mother I'd broken his window. But I had a plan ready; my friend, Paddy Tynan, was two years older than me, he was seven and I'd seen him throwing stones, so I'd tell Mr. Hitler and Paddy would be taken away and punished. Fortunately these desperate measures weren't necessary; I saw Paddy the other day; he's seventy two, crippled with arthritis, but still in great form and still blissfully unaware of my planned treachery.

But my opportunity to worry expanded dramatically when I started school. Every day came with a bewildering array of risks, perils and dangers.

Would I know my lessons today? and if I knew them today, what about tomorrow? And then there was Nodger Gillsen; Nodger was a little on the stout side and took a fair amount of ribbing from the older boys; he worked off his annoyance on safe targets, such as myself. I hated him; he was a cowardly bully. I worried also about the boys in high infants; we occasionally stole their lunches and clipped them on the ear. It would be just like the little sneaks to go crying to their parents.

By the time I'd reached my early twenties I was a fully-fledged worrier. I was courting a girl and desperately wanted to marry her, but she wanted to wait till she was certain, so I spent endless nights agonising over my future. I could see myself being rejected, and ahead of me a long, dreary life of heart break and loneliness. When we married I was happy for a while, but then I

began to have nightmares about my wife leaving me; perhaps she'd run away with the man next door, or even worse, perhaps she'd run away with the woman next door.

They say that anyone who has children gives hostages to fortune and no one knows that better than I. Just thinking about the future turned me prematurely grey; how would they turn out? Would they make a mess of their lives? Would the boys be the subject of a tribunal? Would my daughter bring shame on her family by marrying a member of the Fianna Fáil?

Now none of these things came to pass, but any worrier worth his salt never worries about what happens, but about what might happen. If any of you are considering taking up worrying as an occupation, and it has considerable fascination, I have a bit of advice; always worry about something that cannot be altered by you, or your fellow man.

For instance, last year I saw a programme on the Discovery Channel about asteroids. It seems there are millions of asteroids whirling about in space, and frequently they hit the Earth with tremendous speed. The scientist. I knew it was a scientist because he had a white coat, showed the surface of the Moon, and pointed out the number of craters. These were caused by asteroids, he said, with a bright smile, and the same number of impacts had occurred on Earth. It is only a matter of time before half of us are pulverised by the next impact. For the next two months I not only refused to leave the houses, but my wife and I had an unholy row about who should leave out the wheelie bin.

Now that I have reached old age I find a curious thing has happened; that part of my brain responsible for worrying seems to have flipped over in reverse and I find myself worrying about things in the past. I'm not sure I like this for I've always taken pride in my long term worrying. As a matter of fact there are quite a few aspects of old age I dislike; those of you of mature age will know what I mean.

I meet a pretty girl, and give her what I consider a cheerful, debonair smile; she thinks I'm having chest pains and steps back, fearing I might topple over on top of her. I'm with friends and relations, and begin to tell them what I consider is a very funny joke; I see them exchanging glances and realise I've told the same joke half an hour earlier. My computer won't respond, I stamp around the room cursing and swearing, then my ten year old grandson arrives, and solves my problem by putting the plug in.

I've talked these matters over with my doctor; he's a capable man and I have a great deal of respect for him, but I'm afraid on this occasion I found his reaction somewhat disappointing. After listening to my troubles for thirty or forty minutes he made what I consider a rather a foolish suggestion: **He told me to stop worrying.**

**Tony wishes the Community a very Happy
Christmas and a Peaceful New Year.**

We All Can Be Heroes by Tom Crilly

Our last edition highlighted the great achievements of Wembo and Liffey Wanderers FC, this time I need to mention another local club, Cambridge FC, who will be celebrating 50 years in 2018. The club recently had a tree planting event to celebrate the many young boys and girls that will benefit from their new dressing room adjacent the



At the opening of the new Cambridge FC changing room.

park. Many will remember their esteemed chairperson Joe Corcoran RIP, his work for the Schoolboys League and for recruiting players to professional level.

Speaking of legends of the past I need to mention another great character, Mick O'Neill RIP, who was a great supporter of that other sporting tradition in Ringsend, rowing clubs. Micko was a St Patrick's Club supporter, who passed away at the age of 96 years, and is sadly missed by family and friends.

Stella Maris Rowing Club had their 80th Anniversary Ball in the Mansion House with club chairperson Liam Bannable thanking all their club activists, people like Mick Curry. He introduced some veteran members from the past including Tom Flood, Mick Gregg and his brother Eamon Gregg who travelled from as far as Canada, USA and Australia to be at the Stella Ball. Liam welcomed the many new young recruits that are now joining the rowing clubs, as well as thanking



Micko O'Neill RIP, inspired rowers.



Charlie, Teresa and Gerry at the Stella Ball.

Charlie Murphy and the Dublin Port Company for their ongoing support.

The 2017 Annual De Paul Raft Race against Homelessness was held in the Grand Canal Basin supported by local businesses and clubs. Competitions were judged by Dermot Murphy Junior.

The Shelbourne Park Residents

Association organised a Family Fun Day in the Playground (Swings) South Docks Street that included children's races, face painting, and a family picnic. Planning is a big issue here as



Joe Corcoran RIP, inspired players.

developers are snapping up those few remaining industrial and vacant sites to cram them with high rise apartments.

The D4 Drama Group performed their 1916 play in the Mansion House and one of the actors Mick Behan still in military uniform is seen here with his wife Anne and mother Rose. Rose

recently celebrated her 90th birthday with family and friends in Railway Union. Her son Joey Behan now living in New York travelled home for the celebrations, Joey was recently inducted in the American Hall of Fame with an award for his service to soccer in the Irish-American community.



Dermot Murphy Junior judging the Raft Race with Dermot Senior.

We All Can Be Heroes by Tom Crilly

In December 1917 German submarines were busy sinking cargo ships travelling the Irish seas, the SS Hare was torpedoed as it travelled from Manchester to Dublin Port, with twelve lives lost. A fortnight later the SS Adela was torpedoed as it travelled to Liverpool from Dublin Port, with twenty-four lives lost. During the 1913 Lockout, British trade unions sent vital food supplies to Dublin on the SS Hare to feed 15,000 starving families living in tenements and struggling for better working conditions. Joe Mooney and the



Family Fun Day in Dock Street Playground.

East Wall History Group unveiled plaques on both sides of the Liffey where these ships would have berthed, to remember those lost at sea, many from the local dockland communities. The Lord Mayors of Dublin, Holyhead and Ringsend reminded the relatives of those lost at sea and local community activists, of our great wealth of history and heritage that must be saved.



Halloween fundraiser for the Kevin Bell Trust

The IGB Housing Action Group had a major victory when the Dublin City Council agreed to 900 social and affordable homes on this long vacant NAMA site. Many families are forced to

leave the inner city because they cannot afford to buy or rent a home here, the only solution is public housing. The campaign committee calls on local groups to set up their own Affordable Housing Scheme. Remember anyone on the council's housing lists are entitled to apply for social housing on this site when this agreed social and affordable housing is finally completed...So, if you are with the Blues



The Behan's in fighting form in the Mansion House.



The Lord Mayor's remember merchant ships sunk in 1917.

or the Greens, Shels or Rovers, Cambridge or Liffey, North side or South side, the struggle goes on.



IGB Housing Action launch their campaign.



*Jim O'Callaghan T.D.
would like
to wish the
Community
a very Happy
Christmas
and a
Peaceful
New Year.*

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FIANNA FÁIL
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THE NEWLY REFORMED SOUTH LOTTS SHELBOURNE PARK RESIDENTS ASSOCIATION CLG



The Shelbourne Park Residents Association (SPRA) in the South Lotts area of Ringsend was founded in the early 1960s and is one of the oldest residents' associations in Ireland. The association reformed last May with a new energetic committee who have been very active since coming together to make a better community. The committee have organised two 'Street Clean-Up Days' in conjunction with Dublin City Council, which took place in July and August. These Clean-Up days were very enthusiastically supported by the local community of South Lotts. Again they teamed up with Dublin City Council for a 'Family Festival Day' in September. This family day was held in the 'Swings' Playground and a great day was had by all.

In late October the Association held a Bulb Planting Ceremony in the 'Swings' (South Lotts Park). Again this was very well supported by the local Community. These bulbs will brighten up the South Lotts Park with flowers for many years to come. Well done to all concerned! These events mentioned above were held in conjunction with Dublin City Council and the Association would like to say a big Thank You to DCC for their kind help and support. A Halloween Party in conjunction with Google, Barrow Street which was very successful and well received. A big Thank You to Google here!

A Commemoration Ceremony/Tree Lighting Ceremony – was planned in the South Lotts Park in December to remember all the members of the community and former committee members who have moved on or passed way. Its a small token of gratitude to all of our residents and committees members who have given such service over the years. The association also organised a 'Residents Night Out' in Shelbourne Park Greyhound in November. A big thank you to the Board of Shelbourne Park Greyhound Stadium for facilitating this event.

SPORTSCO SWIMMING – Every Sunday Morning rain or shine!

This has been ongoing since the late 1970s in conjunction with Sportsco and has been very successful. However SPRA feel it could be better supported by the local community as swimming is one of the healthiest activities one can engage in! For more info see our ad on this page. We would like to thank Sportsco for all their kind help over the years.

LOOKING TO THE FUTURE – Challenges ahead. 2018 looks like a being a very busy year on the planning front as we have a number of major redevelopments either taking place or proposed for the area. The Association will be closely monitoring these developments and will endeavour to ensure that the character of isn't changed too much by these developments. A public meeting about these issues have taken place and no doubt we will be having more of the same in 2018! Other Issues. Traffic/Parking/Crime/Cleaner Streets/Litter/Hanging Baskets etc. SPRA are monitoring these issues closely and have had a number of meetings with the relevant state agencies/bodies re these issues. We hope to organise similar events to the ones above and some new events as well.

If you are a resident of South Lotts area and you wish to join our Association the cost is €20 per year per household with discounts for senior citizens. For further information about what we do contact any of the committee and see us on Facebook. Lastly the Association would like to wish our members, friends and the local Community a Very Happy Christmas and New Year!

Sportsco Leisure Centre

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**SHELBOURNE PARK
RESIDENTS
ASSOCIATION (CLG)**

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& SAVE
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Wishing the Community a very Happy and Healthy Christmas and a Peaceful New Year – Tómas, Family & Staff



**Senator Kevin Humphreys
Working with Cllr. Dermot Lacey**

Contact Kevin:

Phone:
01 618 3224

Email:
kevinhumphreys@oir.ie

Web:
www.kevinhumphreys.ie

*Kevin and Dermot wish the Community a very
Happy Christmas and a Peaceful New Year.*

**Working for
you locally and
nationally**


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Contact Dermot Lacey:

Phone:
087 264 6960

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dermotlacey@labour.ie

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A GREAT NORSEMAN by J. P. Kavanagh

Every war fought has its heroes; the military have countless cases of heroism in times of war, brave soldiers marching boldly into the fray to die, for a cause! There is another kind of war hero and that is the un-armed civilian who constantly risk their own lives to help others survive no matter what their nationality or religious beliefs may be. These are compassionate people with peaceful hearts and love and respect for their fellow human beings. These are the humanitarian war-heroes, and there are many who go unsung. Svenn Braamark (pronounced Bro-Mark) is such an unsung hero. A native of Norway and an honorary Irishman this Norseman was a hero in several war-zones. During the five-year war and death of Yugoslavia Svenn smuggled food and medicines through heavily-armed frontlines to feed and aid those trapped under gunfire and mortar attacks. He helped to bury the dead and also smuggled men women and children out of the besieged city of Mostar to safety and asylum in Norway and other parts of Europe. In 1997 Svenn moved to live in Dublin as the new Director of the Irish Charity 'Cradle'. A children's charity that has been active in Bosnia-Herzegovina since the war began in 1991. With Svenn now at the helm, Cradle volunteers set up aid programs in Romania, Kosovo, Albania, Chechnya, Pakistan Afghanistan and Thailand. Countless tons of humanitarian aid was collected throughout Ireland from the ever-giving Irish public. Svenn re-built schools, housed refugees, furnished hospitals with everything from bedpans to a fully kitted out ambulance. He arranged medical evacuations for

those in dire need of emergency surgery, a badly burned eight-year old Albanian girl who urgently needed medical attention was hospitalised at Temple Street Hospital. A Kosovar woman who was shot in the face was saved by surgeons at Tallaght Hospital. Music was always a big part of Sven's life, in his youth he studied percussion and played with a number of rock bands, as a drummer Svenns claim to fame came when an internationally known band toured Norway, they needed a session drummer and Sven got the gig playing live on stage with the world's greatest reggae band Bob Marley and the Wailers. Svenn was most proud of that achievement but his most favourite musical moment was **Svenn Braamark with 2 Kosovar orphans.** achieved in



Svenn Braamark

Dublin. As director of Cradle Svenn contacted the internationally acclaimed Dublin-based band 'Aslan' and asked them to sign over the rights to their number one hit... 'Crazy World' to Cradle. The members of Aslan then investigated Svenns background and Cradle's programs worldwide and were so impressed that they would be honoured to sign the rights over to such a worthwhile cause. So the next time you hear Aslan's lead singer Christy Dignam belt out the lyric... 'How can I protect you in this crazy world?? You can rest assured that refugee children will be protected nourished aided and housed with the help of the continuous royalties that the hit song produces. The members of Aslan took to Svenn so much that they asked the great Norseman to manage them. This was Svenns favourite magical musical moment. Aslan soon fondly referred to Svenn as the seventh member of the band. Svenn Braamark died as he lived... a hero! In May 2017 Svenn ran to a neighbour's aid in a burning house and was overcome with smoke and fume inhalation which caused a massive heart attack leading to his death in hospital some hours later. Svenn will be missed by so many worldwide. He was a gentleman and a true humanitarian; he lived and died for others. Svenn Braamark a great Norseman indeed! If you wish to see Cradles International aid programs go to cradle.ie.

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Wishing the Community a
Very Happy Christmas and a
Peaceful New Year
from Albert, Family and Staff

CENTENARY OF SUBMARINE CASUALTIES MARKED BY COMMUNITY

This year marks the centenary of a number of devastating U-boat attacks on Dublin Port ships, with crew members from the Docklands accounting for almost half the casualties recorded. These tragedies were remembered recently at an afternoon of events organised by the Adela Hare Centenary Commemoration Committee. Saturday 30th September saw a well attended, dignified and emotional series of ceremonies, including two plaque unveilings, a book & exhibition launch and a wreath laying at sea.

One hundred years ago, during World War One, a German policy of 'unrestricted submarine warfare' had made the Irish channel very dangerous waters to cross. This tactic saw merchant ships subject to no warning attacks, with lethal results for crew members. On 12th October 1917 the *WM Barkley*, the first ship of the famous Guinness fleet was



Photo: Patrick Hugh Lynch.

torpedoed with the loss of five lives, including one North Dock resident. It is believed that the barrels on board helped the badly damaged ship stay afloat long enough for some crew members to escape. On



Photo: Patrick Hugh Lynch.

the 14th December the *SS Hare* (Larkins famous food ship from the 1913 Lockout) was targeted as it travelled to Dublin Port from Manchester. Twelve of the crew of 23 lost their lives, including a steward who was the only woman onboard. Tragically no bodies would be recovered. It was a grim Christmas season for many Dockland families, and two weeks later even greater losses would occur. No doubt aware of the fate of their fellow

Photo: Patrick Hugh Lynch.



seafarers and conscious of the dangers ahead, the crew of the *SS Adela* set sail from the South Quays on 27th December. The Tedcastle & McCormick vessel had travelled between Dublin and Liverpool for almost four decades, but this was to be its final journey. Struck by a single torpedo just off the English coast, the only survivor from among the twenty five onboard was the captain. Again the only female onboard would perish, Christina Kavanagh, a 24 year old resident of Queens Square (now Pearse Square). A number of crew members made it



Photo: Patrick Hugh Lynch.

into a lifeboat but three were washed overboard and four died of exposure, the only mercy being that their families could recover these bodies.

Commemorative plaques

remembering two of the vessels were erected North and South of the Liffey, located as close to their final berths as was possible. Afterwards family members travelled out to sea and wreaths were laid to the three vessels and a short remembrance service took place.

It was a memorable and important day for the families, many expressing a sense of closure on the deaths of their relatives, finally commemorated in their native city after almost one hundred years.

Lord Mayor of Dublin Mícheál MacDonncha took part in the commemoration and concluded his speech by quoting Captain Michael Tyrell, the sole survivor of the *SS Adela*, who recalled his lost comrades with these words-

"They all discharged of their duties faithfully and well".

Lord Mayor of Holyhead Ann Kennedy with the Lord Mayor of Dublin, Mícheál MacDonncha.



Lord Mayor of Holyhead Ann Kennedy with the Lord Mayor of Dublin, Mícheál MacDonncha.



The **St. Andrews Resource Centre** was proud to be involved with this initiative, working in conjunction with other Dockland community and local history groups. The commemoration was made possible by the generous support of Dublin City Council, and with the participation of Dublin Port Company and Diageo Ireland / Guinness.



For copies of the 40 page commemorative book contact: adelahare1917@gmail.com

See our facebook page – <https://www.facebook.com/adelahare1917/>



Photo: Dublin Dockworkers Preservation Society.



Photo: Charlene Pepper.

EXCLUSIVE NITE CLUB – MEMBERS ONLY

I own and run an e Exclusive Nite Club. Very exclusive indeed. It is so exclusive that no one, not even I can become a member. Of course it goes without saying that to grace the hallowed halls of this exclusive club one must be a fully paid up member and to acquire this exalted status and become a member one must enter the club. But one cannot enter the club unless one is a member! Makes perfect sense to me! Right and proper!

When patrons approach the two monkey suited bouncers at the door they are greeted by the deadpan expression: 'Sorry members only' 'We can't let you in unless you are a member' and when the obvious question is asked 'how do you become a member?' the bouncer will inform the patron that to become a member one must join the club but the only way to do that is enter the premises and become a member. When the patron then asks can they come in to the club to sign up for a membership the bouncer informs them firmly but politely: 'You can't come in unless you're a member' 'But I want to become a member of your beautiful exotic club' the patron protests. The bouncer is firm on this point 'Members only! And the only way you can become a member is to psychically enter the club in the flesh so to speak (none of that online membership malarkey here!) and sign up for a membership card.'

The bouncers themselves cannot enter the club as they are not members. When I went up the club one night recently confidently expecting to breeze past the patrons and the bouncers and walk in only to be greeted with the familiar refrain 'Sorry Mr Ryan but

its members only!' 'Another night maybe but not tonight'

Beyoncé was in Dublin recently with her entourage and she just happened to be passing the club when she heard 'All the single ladies' pounding from the club's PA system. Approaching the bouncers full of confidence that she and her entourage could breeze pass and enter the club the familiar refrain was heard (polite but firm) from the bouncers "Sorry, ladies members only!" "That's the rule – no exceptions!" – "not even for you!" "We have a very exclusive clientele here, very corporate, very discreet!" "Very hush hush indeed". The bouncers are infallible on this matter. A papal bull of infallibility permeates the whole scene. The Magisterium of Holy Mother Church and all that.

That just the way it is sometimes The story goes that a well-known crooner was refused entry to a club in the US somewhere. Overnight and over the next day he bought the club and had all the bouncers fired!

Paul McCartney was refused entry to a club recently in Los Angeles. That's just the way it is! Members Only!

© Billy Ryan November 2017

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A HAPPY 90th BIRTHDAY
Rose Behan (née Byrne) of Penrose Street, Ringsend, celebrated her 90th birthday on 27th October. Almost 200 family and friends enjoyed the music, dance, food and wonderful company. The icing on the birthday cake shows a 16 year old Rose. Congratulations to Rose, who is pictured here with just a few of her great grandchildren. Roll on the 100th festivities.





Want to be a part of something great?

The Ringer Boxing Club based at Ringsend and Irishtown Community Centre are

currently recruiting coaches to join their dynamic team.

If you have some free time and would like to put it to good use then contact us today.

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The New Link would like to wish the Community a very Happy and Healthy Christmas and a Peaceful and Prosperous New Year.

KEVIN AND JOAN SHEEDY

– 50th Wedding Anniversary

Congratulations on your 50th Wedding Anniversary (Golden).

May you have many more joyous years together!

From your loving sons and daughters and the Keating Family.



Cllr. Frank Kennedy



Wishing the Community a very Happy Christmas and a Peaceful New Year to everyone in Pearse Street, Ringsend, Irishtown and Sandymount.



I would be delighted to hear from you, so please feel free to contact me at any time. My details are:

Mob: 087-3383972

Web: www.frankkennedy.ie

Facebook: [/frankkennedy](https://www.facebook.com/frankkennedy)

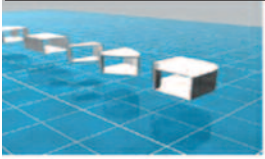
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and a Peaceful New Year.**



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ST. ANDREW'S CHILDCARE NEWS

Hi Everyone,

The Children have settled in really well in the rooms. They are enjoying the Curriculum Programme we are implementing here in our Centre, with lots of exciting activities and opportunities for messy play.

We had a great Halloween Party. All the children dressed up in different costumes. They enjoyed the celebrations with music and dancing and some nice food.

We are now looking forward to Christmas time and Seasonal activities and making decorations and cards. We will shortly be rehearsing for our Christmas Concert which will be in the Hall. Date to be announced shortly.

I would like to take this opportunity to thank all the parents for their continued help and support throughout the year. *We would like to wish you all a Peaceful and Joyous Christmas.*

Best Wishes

MARTINA AND ALL THE STAFF IN CHILDCARE.



DUBLIN PORT

DUBLIN PORT MAKES BRIGHT NEW ADDITION TO CITY SKYLINE



**CRANE 292
STANDS TALL
AGAIN AFTER
20 YEARS**



Dublin Port Company has made a striking change to the city's skyline with the resurrection of one of its iconic 1960s cranes. The 115 feet tall Crane 292 has been lovingly restored to its former glory, with an illuminated cabin for powerful night-time impact, and now stands proudly adjacent to Port Centre once again.

Crane 292 is steeped in Port history having served as a 'workhorse' loading and unloading bulky material from ships at Alexandra Quay from 1964 through to its retirement in 1997. It was constructed by the famed Stothert and Pitt company of Bath, whose origins dated back to the great Victorian era of engineering. Crane 292

derived its name from its position as the second crane at berth 29 in an era when cranes were synonymous with the City and Port skyline – with up to 60 cranes at that time extending right down to Custom House quay, much closer to the city centre.

Speaking at the topping out ceremony to install the crane, Eamonn O'Reilly, Chief Executive, Dublin Port Company, said *"The crane's installation is part of the softening of the Port's boundaries with the city and our drive to provide public amenity and realm at Port Centre for the first time in 35 years. The Port has always been integral to the City and this is a wonderful reminder of a time when the physical operations of the Port extended right into the heart of the city. This is a wonderful new city landmark and marks a significant commitment in our Masterplan for the future development of the Port"*.

Dublin Port employee, Paddy Paisley was one of several operators who regularly worked on Crane 292. *"It brings back so many memories to see Crane 292 back and literally in lights, at the Port Centre. Modern Port operations have moved on so much in recent times, but it's not that long ago that these cranes were the heartbeat of the Port and ensured everyone got the goods they needed on time, on a daily basis. It's a wonderful way to remind modern citizens of the importance of the Port in all our lives"*.

The restoration and installation of the crane was carried by leading civil engineering firm Wills Bros on behalf of Dublin Port Company. Project Manager for Dublin Port James Kelleher said: *"The restoration and installation of the crane presented a number of significant engineering, architectural design and logistical challenges including the closure of roads and deployment of heavy machinery and the realisation of quality targets for paintwork and the rebuilding of the cab assembly to a very high specification. The months of planning paid off with a seamless install delivered in line with health and safety best practice"*.

Port Centre has been a hive of activity in recent months as the development of public space progresses. Ongoing projects including the removal of a section of the existing old boundary wall to create new pedestrian entry points at Alexandra Road and East Wall Road. Visitors will discover a landscaped "maritime" garden with seats for reflection and relaxation. NCAD graduate and up and coming Irish artist Eimear Murphy's new sculpture 'The Drop' will feature in the garden. The sculpture is made from solid concrete and plays with notions of fluidity in its design. The commissioning of this piece highlights the Port's long-term commitment to supporting the arts.

Dublin Port Company is now focused on plans for a new internal road network, cycle lanes and pathways. Approved by Dublin City Council and scheduled for development, the three-kilometre route will give pedestrians and cyclists access to the Port estate for recreational use for the first time. It includes a perimeter route with vantage points overlooking the Tolka Estuary.

**Dublin Port wishes the
Community a very Happy
Christmas and a
Prosperous New Year.**

DUBLIN PORT

SELLING DUBLIN PORT DOWN THE RIVER IS A WASTE – EXPANSION IS THE KEY TO ITS FUTURE SUCCESS

Back in 2006, the PDs suggested that Dublin Port should be sold off for between €25 bn and €30 bn to enable the creation of A New Heart for Dublin. This idea was comprehensively unpicked in a report for the Government by Indecon in 2009 which concluded that whatever benefits might accrue by moving Dublin Port would be more than offset by the cost of doing it. In other words, it would be a waste of money.

Eleven years on David McWilliams has picked up this notion and is now suggesting that the 640 acres of Dublin Port land should be sold for between €6bn and €7bn. Unconstrained by issues like sustainability, feasibility or viability, it is difficult to know where to begin in response.

Let's start with location. Dublin Port is where it is for a good reason. The east coast of Ireland is mostly sandy and shallow and there is no natural sheltered area of deep water where a harbour such as Cork could have developed. Instead, Dublin Port grew to what it is today following the construction of the Great South Wall and the North Bull Wall in the 18th and 19th centuries to create reasonably deep water in a sheltered location.

Then there is the size of the proposed new port. Experience of other large infrastructure projects suggests that it would take 20 years to build a large new port.

In 2016, Dublin Port handled 35 million tonnes. By 2040, I reckon this will have risen to 77 million tonnes. Dublin Port's volume has grown inexorably for decades. Over the 60 years from 1950 to 2010, it increased fourfold. This year will be the third successive record year.

Today Ireland's population is 4.7 million. The National Planning Framework is being prepared by Government based on an assumed increase to at least 5.6 million by 2040. The only reasonable assumption we can make is that the growth in port volumes we have seen in decades past will continue to at least 2040.

If I was building a new port to replace the existing Dublin Port in 2040, I would make sure it could expand for a doubling in volume thereafter, however long that might take. If you want to get a sense of the scale of this, have a look at the Port of Barcelona.

In the meantime, we have started major construction projects as part of our Masterplan 2012-2040 to provide the capacity that will be needed for the growth to 2040. This brings me to the financials. I don't know what such a port would cost to build. In today's money, I reckon north of €3bn. (In its 2009 report, Indecon used a figure of €2bn).

Last year Dublin Port had earnings before interest, tax, depreciation and amortisation (EBITDA) of €54m. However good Mr. McWilliams thinks the management at Dublin Port is, we are nowhere near good enough to raise the finance for the building of a new port based on earnings like these even if it were only bridging finance until the hyperbolic €6bn to €7bn came in. And I wouldn't like to be suggesting to the Government that they throw a few bob in to help the project along.

Now to correct an obvious inaccuracy. When Mr. McWilliams says there are 140 people employed in the Port, that refers to Dublin Port Company alone. In fact, there are more than 3,000 employed in the Port by the many operators there.

Mr. McWilliams chooses the comparative minnows of Oslo (6 million tonnes) and Copenhagen (16 million tonnes) as exemplars of what should happen in Dublin. I prefer to look to the more relevant substantial ports of Barcelona (45 million) and Rotterdam (461 million).

In the case of Rotterdam, the port has expanded by successive huge infills into the North Sea including, most recently, the 2,000-hectare Maasvlakte 2 development opened in 2013.

In Dublin Port, we no longer view the expansion of the port by further infill into Dublin Bay as an option and, instead, we are working to maximise the use of the Port's lands to provide capacity for the growth we are projecting to 2040. Already, we have a throughput of 113,000 tonnes per hectare per annum compared to 59,000 in Rotterdam and 44,000 in Barcelona. By 2040, more port capacity at another east coast location will likely be needed. The key point is that this will be additional to the capacity in Dublin Port rather than a replacement. This is the only sustainable and viable way in which future growth in port volumes can be accommodated.

The notion that Dublin Port should be moved was put forward 11 years ago and was comprehensively dismissed then as a waste of money. Nothing has happened in the interim to change this reality.

Comment by Eamonn O'Reilly, Chief Executive, Dublin Port Company



**Dublin Port wishes the
Community a very Happy
Christmas and a
Prosperous New Year.**

DUBLIN PORT

THE GREAT SOUTH WALL & POOLBEG LIGHTHOUSE

Dublin Bay had a long history of troublesome sandbars obstructing the entrance to Dublin Port and was also subject to frequent squalls and stormy conditions. To improve the situation, in 1716, the Ballast Office commenced construction of an embankment from Ringsend along the north aspect of the South Bull sand bank. The first piles of what was to become the South Bull Wall were driven in 1716 with major work beginning in 1717. The Piles, as The Great South Wall was then known, were completed in 1730 to 1731. Construction



involved the driving of long thick oak piles into the boulder clay of Dublin Bay. These piles were anchored by baskets of gravel. Dublin Port Poolbeg: A stone wall linking The Piles to the quays. The Ballast Office Wall, was completed in 1756. It soon became necessary however to strengthen the walls with massive granite blocks taken across Dublin Bay on barges from the quarries in Dalkey.

By 1795 the wall was completed and was 32 feet thick at the base, and 28 feet at the top. At the end of the wall an island of masonry was laid down on which Poolbeg Lighthouse was built. The lighthouse was ready in 1768 before construction of the wall finally finished and initially operated on candlepower, reputedly the first in the world to do so but changed to oil in 1786. It was re-designed and re-built in 1820. The lighthouse is painted red to indicate 'port side' for ships entering Dublin Bay and North Bull lighthouse (on the other side of the bay) is painted green to indicate it is 'starboard'.

Historically, the Ordnance Survey Ireland used the low water mark of the spring tide on the 8th April 1837 at the Poolbeg Lighthouse as a standard height for all its maps, a practice which continued up until 1958.

Poolbeg Lighthouse, now fully automated, is managed by Dublin Port Company. The Great South Wall on which Poolbeg Lighthouse stands, extends from Ringsend over 4km out to sea. It was the world's longest sea-wall at the time of its construction and remains one of the longest to this day in Europe.

If you're looking for a beautiful walk by the sea why not try the Great South Wall walk out to Poolbeg Lighthouse? With free parking at the end of Pigeon House Road and the beginning of South Wall it's very easy to get to. The walk out and back takes around 40 mins and the reward when you reach the Lighthouse is the really stunning views in every direction. You'd never know what ships you may see arriving at, or leaving Dublin Port.

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DUBLIN PORT

PORT TERN BOOM

The terns are having a great year in Dublin Port. The number of nests on the various structures are at record levels and there are hundreds of well-grown chicks at this stage. By August all the young birds will be flying as their parents teach them how to fish in the shallow waters of Dublin Bay. In September they will be joined by large flocks of other terns from around the Irish Sea to roost on Sandymount Strand. Then they will undertake the most hazardous part of their life cycle – a 6,000-kilometre migration to their wintering grounds in West Africa.

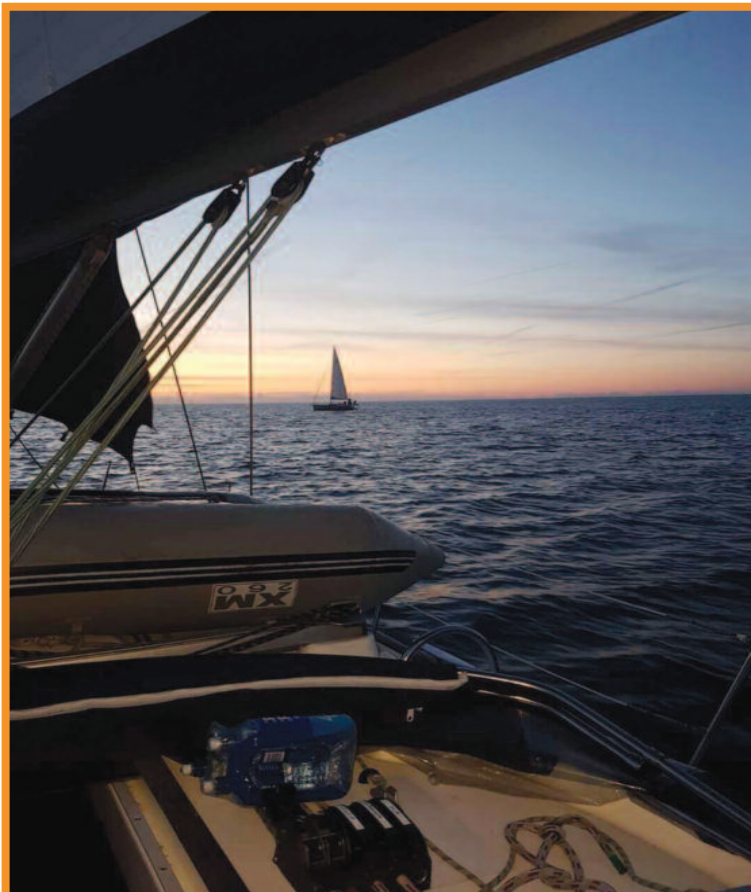


*Text and photo by Richard Nairn,
naturaconsultants.com*

*Pictured is Tern colony on Dublin Port
pontoon at Clontarf.*

COOLMINE'S "VOYAGE OF DISCOVERY"

Dublin Port recently sponsored Coolmine's "Voyage of Recovery" an initiative – a programme which provides opportunities for those with drug and alcohol problems to develop skills and build confidence through sailing. The Irish voyage is organised by the Cork-based Sailing into Wellness organisation,



established by James Lyons, one of Ireland's most experienced sail training professionals and Colin Healy from Mallow who overcame addiction and mental health problems through sailing. Healy said that sailing can open doors to a life without drink and drugs. Sailing into Wellness helps reduce the risk of relapse, deepen engagement with treatment and encourage participants to think about living.

*Read more about their journey over on
thejournal.ie.*

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Parade of Sail and Liffey River Cruise 2017



On Saturday 16th September 2017 for the third year running, Dublin City Council in conjunction with Dublin Port Company opened three bridges consecutively - the Samuel Beckett, Sean O'Casey and Tom Clarke bridges - over the River Liffey to allow the passage of yachts from Dublin Bay to the Custom House Quay area of the city. Boats made their way down the River Liffey through the three bridges turning at the Matt Talbot (Custom House) bridge and came back up the river where they docked at the pontoons outside the 3 Arena.



Smart Docklands



Smart Docklands showcases what can happen when a unique city district develops the level of sensor density and connectivity to make a significant jump in the quality of life for all the peoples of the area.

The Smart Docklands District, with its density of new builds, global tech companies, smart assets and range of connectivity options, provides a unique platform for SMEs and entrepreneurs to develop new and innovative solutions that will transform the way our cities operate. It will also serve as a model for many other areas as they adopt the smart city solutions that work best for their unique circumstances. Dublin Docklands recently ran a workshop to identify city challenges that could be explored through this initiative.

Poolbeg West SDZ



Dublin City Council, at its meeting on 2nd October 2017, decided by resolution to make the Poolbeg West Planning Scheme. A copy of the Planning Scheme together with accompanying Environmental Reports is available for inspection at Dublin City Council, Civic Offices, Wood Quay, Dublin 8 and Dublin Docklands Office, Dublin City Council, Custom House Quay, Dublin 1. For more information or to view the scheme please visit our website www.dublindocklands.ie

Culture Night in Docklands



Currach racing on the River Liffey, multi-screen projections and the T5 Field Cinema all featured in this year's Culture Night in Dublin Docklands. Vanessa Daws' created a new multi-screen Liffey-based work which was back-projected onto the street-level windows of the Dublin Docklands office building on Custom House Quay.

The T5 Field Cinema was parked on North Wall Quay (opposite new Central Bank) and featured a programme of selected experimental film works (Helouise O'Reilly, David Donohoe, William Raban, Shippies and Beggs, Dara Flanagan).

SS Hare and SS Adela



In December 1917, two merchant ships - the SS Hare and the SS Adela were torpedoed by German U-boats and were lost in the Irish sea during the First World War. Thirty-six lives in total were lost on the 14th December and 27th of December 1917. A commemoration to mark the centenary of the U-boat attacks on Dublin Port Ships was organised by The Adela-Hare Centenary Commemoration Committee and was supported by Dublin City Council's Decade of Commemorations fund. Ardmhéara Mícheál Mac Donncha joined relatives of crew members along with local historians and community groups to remember those who lost their lives in the 1917 attacks. Two commemorative plaques were unveiled on 30th September 2017, S.S. Hare on the Dublin Docklands Office, Custom House Quay and S.S. Adela on the Campshire Buildings on Sir John Rogerson's Quay.



Local Employment in Docklands

The Dublin Docklands Office meets with the Eastside & Docklands Local Employment service on a regular basis to discuss employment initiatives within the Strategic Development Zone (SDZ) and offers any assistance it can to support them in their work within the SDZ. A standing topic of these meetings over the past year has been the development of a Construction Skills training course for local clients of the LES to enable them to up skill in an effort to get a work placement on a site within the SDZ.

The LES and Docklands Office have recognised the potential job opportunities that accrue because of the investment in the area and the LES has been tasked with maximising the impact of those opportunities within the local community. To this end the Docklands Office with the support of the Central Area Office of Dublin City Council agreed to fund a pilot project of 4 courses for approximately 30 local people to be trained in line with the requirements of site within the SDZ. To date 3 courses have been completed and 17 course participants have been placed in jobs on sites within the SDZ. It is hoped that the success of the course to date will ensure that a permanent source of central government funding will be found to continue the course into the future.

For more information, please contact Eastside & Docklands Local Employment Services.

St Andrews Resource Centre, 114 Pearse Street, Dublin 2

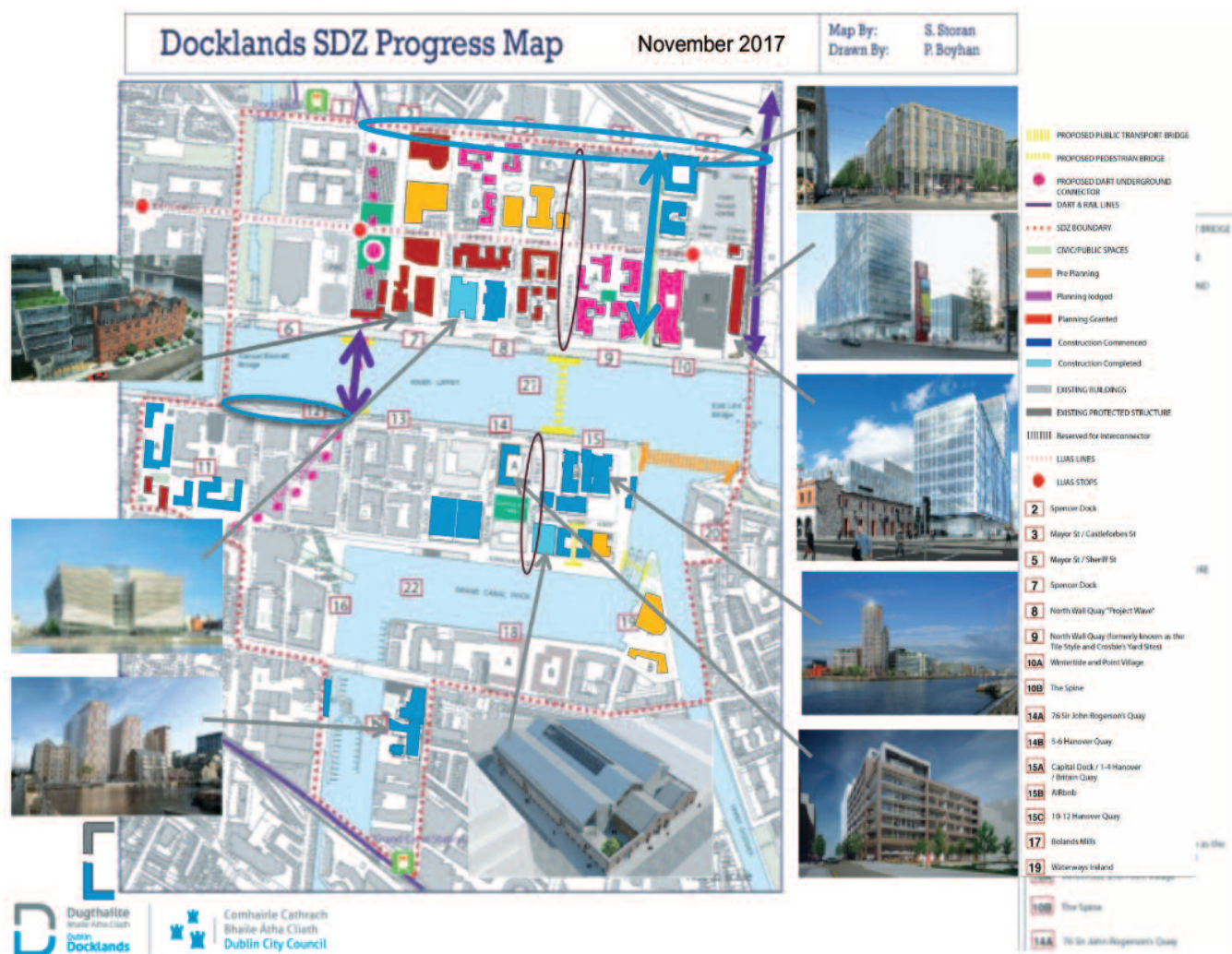
Email: info@standrews.ie Phone: 01 677 1930

Inner City Renewal Group, 85 Amiens Street, Dublin 1

Email: info@icrg.ie Phone: 01 876 4670



Planning Progress November 2017



*We would like to wish you
and your families a
Happy Christmas
and best wishes for 2018.*



For further information, please contact our office or email: infodocklands@dublincity.ie
Dublin Docklands, Custom House Quay, Dublin 1.
Phone: 01 222 6070

ST. ANDREW'S ADULT EDUCATION NEWS

Welcome to St. Andrew's Resource Centre Adult Education Department. You will find information on all courses currently running in the Centre. Courses are added on a regular basis, so check back frequently to see all the opportunities for further learning and participation. If you have an idea for a class that you would like to see run by the Centre, simply contact the Adult Education Manager, Lisa Kelleher on 01-6771930 or email lisa.kelleher@standrews.ie

PARENTING CLASS

Come meet other parents in a fun, practical and positive way and develop techniques to reduce the stress in your role as a parent.

We run the Parents Plus suite of programmes and the Parents Plus and Early Learning Initiative Parent's Together community course.



PARENT & CHILD PROGRAMME

For parents and children aged 0-3.
– Varied Programmes
Monday mornings
10.30a.m. to 12.00p.m.

• Art • Music • Reading • Songs

SEWING CLASSES – BEGINNERS' LEVEL

The Sewing Classes have returned to St. Andrew's Resource Centre in The Junction from 10a.m. to 12p.m. The classes, which are organised in conjunction with the CDET, are a great opportunity to learn new skills or improve on old skills. If you are interested in sewing and would like to attend a sewing class then St. Andrew's course is for you. This is a beginners level course and is Free.

Places are strictly limited to ten and will be allocated on a first come first served basis.

IRISH LANGUAGE COURSE

The Irish Language Course takes place every Thursday morning from 10.30am to 12.30pm. This is a beginners class in the Irish Language and contains both oral and written modules.

St. Andrew's Resource Centre were delighted to announce a new Adult Education Course which started in September 2017 and is on Wednesday afternoon 2p.m. to 4p.m. The Digital Media Class is a specially designed class to provide teaching and training to anyone that is hoping to improve their digital skills. If it is learning to use a new phone, getting to grips with the latest iPhone, or learning how to use a new Android tablet, this class will be a great way to learn how to use your tech.

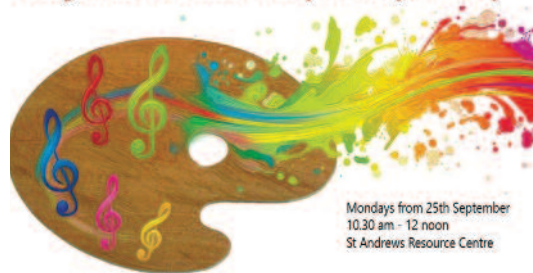
Places are strictly limited, so if you have a new, or old, piece of tech and want to learn how better to use it, then contact the Adult Education department to book your place.

New Link 32

ART CLASSES

The art class takes place every Tuesday and Friday morning from 10.00am to 12.00pm.

Drop-in Music and Art for you and your Baby



For More info, please contact Dara Terry 01-6771930



CREATIVE WRITING CLASSES

The Creative Writing Class takes place on Tuesday morning in Room 2 from 10.00am to 12.00pm.

NEW COURSE



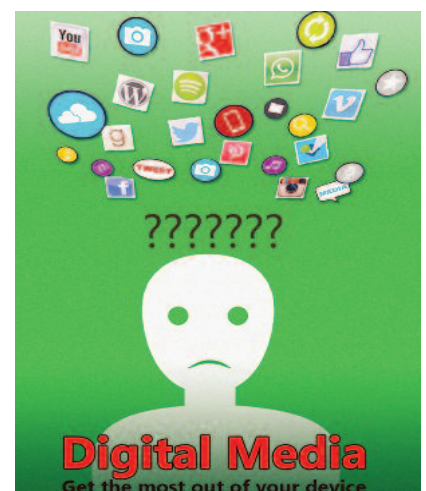
Managing Anxiety

6 week CBT course

Topics covered will include :

1. What anxiety is and why it occurs
2. Learn about how thinking and certain behaviours can impact our experience of anxiety
3. Teach skills and techniques to help manage and control anxiety

Facilitated by an experienced accredited counsellor



"TALK ABOUT YOUTH PROJECT" WISHES YOU ALL A VERY HAPPY CHRISTMAS AND A PEACEFUL NEW YEAR.

INTERNATIONAL EXCHANGE UNDER 18's

In June Our International youth exchange went to a little village called Padul in the South of Spain near Granada. There were 13 young people from Ireland, 12 from Italy, and 15 from Spain, mixed male and female aged 15 / 18 years. The group got to take part in a **"No Hate"** speech campaign in Padul, showed their presentation and performances pieces about Irish culture to the local community. They visited beautiful Spanish beaches, the wonderful medieval city of Alhambra, and the Magnificent Santiago Bernabéu Madrid, the home of Real-Madrid FC. Best of all, they made new friends for life.



In August Our International youth exchange went to a little town called Nyborg near Copenhagen in Denmark. The theme of this exchange was **"Inclusion"** using the arts.

There were ten Irish, ten from Estonian, ten from Italy, and ten from Denmark, aged 14 / 16 years.

They got to watch a huge outdoor play **"Grease"** showed their presentation and performances pieces about Irish culture to the local community. Visited Copenhagen and the famous **"Little Mermaid"**.

In October we hosted our own youth exchange with 17 young people from Ireland, 12 from Portugal, and 12 from Finland. The Theme of our exchange **"Who in the world am I"** culminated in all countries taking part in a Flashmob type event in both Trinity College, and St. Stephens Green. Our aim was to raise people's awareness around topics like Racism, Homelessness, Discrimination, and gender Inequality. Each country produced a Cultural showcase, which was performed in St. Andrew's for each group and our local community.

ART GROUP – YOUNG ARTISTS DISCUSS SOCIAL MEDIA

How does your social media feed affect the world we live in?



A conversation was hosted by Leargas with a group of our young people about understanding the impact of what young people are experiencing on Social Media and how it shapes the world we live in. The group created posters to share their messages and experience of how it affects them.

The group's posters will be shown in Prague to contribute to this very important discussion facing young people today on a local and international level.

GOAL JERSEY DAY

Our annual GOAL jersey Day raised over €200 for their 3rd World projects. A fun day and very worthwhile.



"TALK ABOUT YOUTH PROJECT" WISHES YOU ALL A VERY HAPPY CHRISTMAS AND A PEACEFUL NEW YEAR.

SUMMER PROJECT

Highlights included the annual trip to RTE, paddle boarding and kayaking in Surf Dock, our pamper night for teenagers, plus trips to the Maze, Footee, Fort Lucan, The Aqua Zone, Corkaigh Park and Sea Life.

Our Summer bash was our final event, with special guest Wes Doyle, Doug in Fair City, proving to be a big hit with the teenagers.

Also in July, the annual South Docks festival celebrated its 30th anniversary. The **Talk About Youth** project ran quite a number of the events that week, with the cream of the crop being the Talent Show, which was this year hosted by Google in their Theatre in Barrow street. It was an extraordinary night and a huge success. Our young people entertained the masses with song, dance, drama and comedy. The support



provided by Google was extraordinary. They mentioned that of 180 events run that year, this one topped them all.



ONE DIRECTION

This group is one of the youngest groups which is supported by the **Talk About Youth** Project. It caters for boys and girls aged from 4 – 7 years of age. They meet on a weekly basis and have a wide and varied programme.

What's even more important is the fact that the members get to decide which activities they would like to do.

They do all sorts from painting, games, trips out and much more. One Direction is solely run by Volunteers, who have for many years given up their time on Wednesday afternoons to look after the young people. Many thanks to Carole, Yvonne, Patrick and Shauna.



"TALK ABOUT YOUTH PROJECT" WISHES YOU ALL A VERY HAPPY CHRISTMAS AND A PEACEFUL NEW YEAR.



YOUTHWORX CHANGES LIVES

The National Youth Council of Ireland developed a campaign this year called, **"Youth Work Changes Lives"**. The aim of which is to promote the value of youth work and to seek further investment in the sector. The Dept of Children and Youth Affairs funded NYCI to run a national showcase in the Mansion House.



On Wednesday 27th October, 350 young people from all over Ireland, including the Talk About Youth Project met with 100 TD's and Senators to share stories of their own youth work experiences.

Prior to the Showcase, NYCI invited us to display our **"Dear Me"** postcards campaign at the event. With thanks to Kate and Stephen from Trinity's Science Gallery, our exhibition was one of the highlights of the day. Reese, a member of our Allsorts group who came up with the Dear Me concept played a blinder regaling the Minister and half of Ireland with the background to it. Minister Zappone was so impressed, she tweeted about the project later that day.



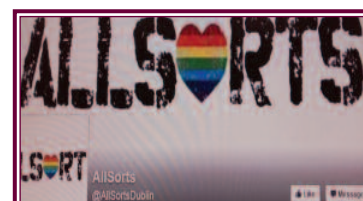
DAZZELLETES

Well done to all the soloists and teams in the recent Majorette competition in November. Chloe Mullen placed in her competition and won a beautiful trophy. Lily Connaughton, Kallie O'Connor and Katelyn Whelan reached the finals and are in the running for majorette of the year at the nationals on 26th November. The under 4's won the pom pom and got second in the baton team and got two cups almost as big as themselves. The under six and under ten teams also won cups. Some of our oldest members have taken their teachers exams in bronze, silver and gold.



LGBT + HUMAN RIGHTS EXCHANGE

During the summer some of the young people from our Allsorts group took part in an LGBT+ Human Rights Exchange in the Netherlands. Aged 18 yrs+ they met up with other young people from Spain, Italy, the Netherlands and Lithuania. The programme was based on developing knowledge around sexuality diversity, orientation and gender identity. It also created awareness about sexual and gender stereotypes. A big part of the Exchange identified inspired activism skills in promoting and defending the rights of the LGBT+ community.



The Exchange also provided scope for the **'Dear Me'** Postcard Campaign which has been a huge success.

The evaluation from the Irish participants was extremely positive, very encouraging and inspiring. They found it to be very inclusive for everyone, for members of the LGBT Community and their Allies.



Huge thanks to all our young people, volunteers, families, funders and partner organisations.



Gloucester Street Sports and Recreation Centre



Gloucester Street Sports Centre, our little gem in the heart of the community, but what are we about? We are opened six days a week, hosting our activities from 7.00am until 9.30pm. The Centre has been opened for the past 9 years and in that time we have become an integral part of the community. Our daily work out classes consist of Body Conditioning, Spinning, Kettlebells, TRX and Circuit Training, Our resident instructors Mark and Elaine, whilst getting you to train to your full ability, make the classes fun and energetic and have an excellent rapport with their clients. All classes are adapted to each individuals ability with the motto 'This week's work out will be next week's warm up to you'! There is no joining up or membership fee, classes are €6.00 or if you wish to avail of some of our special offers we have unlimited Gloucester Street Classes for €30.00 a month or €75.00 for 3 months.



Gloucester Street prides itself on our familiarity and friendliness with all who enter our doors, whether it's to do a class or just drop in for a 'chat'.

We utilise the centre to its full potential, so while the peak times consist of adult work out classes we then use the morning and afternoon slots for activities for our local schools. So from the Junior Infants all the way up to 6th year secondary school pupils our Project Worker Amanda plans and implements weekly activities for each class according to their age and abilities, these activities revolve around team building games and gross motor skill exercises, all through the medium of fun of course.

CHECK OUT OUR NEW WEBSITE

Our new app is now live and can be downloaded at www.gloucesterstgym.com or contact us on 01 6779322 or email info@gloucesterstgym.com

In the evenings and every Saturday our full sized hall is hired out for 5 a side football, basketball, volleyball, yoga and Zumba.

All our staff here are fully trained and updated regularly on first aid and resuscitation use, which one of our regular clients will be forever grateful for. During this year one of our staff members Robert Dowdall worked on one of our clients, who had collapsed with a heart attack during a 5 a side



TIMETABLE

DAY	CLASS	VENUE	TIME	DURATION	LEVEL	PRICE
MON.	Circuit Training	Hall	8.00am	30 mins	(B)	€6
	Circuit Training	Hall	12.30pm	45 mins	(B)	€6
TUES.	Circuit Training	Hall	7.00am	45 mins		€7
	Spinning Class	FitnessRm	8.00am	30 mins	(B)	€6
	Spinning Class	FitnessRm	12.40pm	40 mins	(B)	€6
WED.	Body Rip Fusion	Hall	8.00am	30 mins	(B)	€6
	Forever Fit (over 60s)	FitnessRm	11.00am	1 hour	(B)	€2
	Body Con	Hall	12.30pm	45 mins	(B)	€6
	Spinning Class	FitnessRm	12.20pm	30 mins	(B)	€6
THURS.	Trx Abs Fusion	Hall	7.00am	45 mins		€7
	Spinning Class	FitnessRm	8.00am	30 mins	(B)	€6
	Spinning Class	FitnessRm	12.40pm	40 mins	(B)	€6
FRIDAY	Trx Abs Fusion	Hall	8.00am	45 mins		€6
	Kettlebells, Cardio & Conditioning	Hall	12.30pm	45 mins	(B)	€6

1 Month Unlimited Classes = €30

11 Class Loyalty Card = €55

T+C applies to classes instructed by Gloucester Street Staff only.

Wishing the Community a very Happy Christmas and a Peaceful New Year.



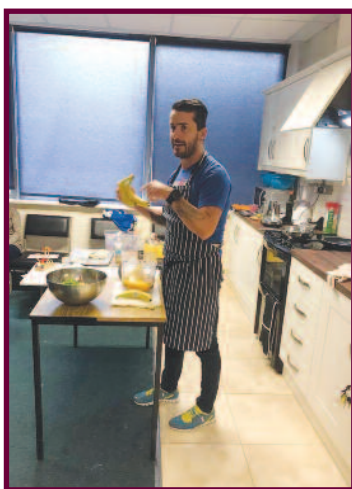
Gloucester Street Sports and Recreation Centre



football game, until the ambulance came. Thankfully a couple of weeks later he came back to thank Robert and for the training that saved his life.

Besides our usual daily activities Gloucester St. and its staff have been involved in other programmes throughout the year. In the beginning of this year Gloucester St. in conjunction with City Quay National School was delighted to take part RTE's *Operation Transformation* Programme for Schools 2017. It was a great success, the whole school, teachers and any parents who wished, joined the Gloucester St. staff in our hall on a weekly basis for 8 weeks to do morning exercises and of course the all-important team *Operation Transformation* dance. It not only was designed to inspire and introduce children to regular exercise but it was a fantastic event for unity and team spirit. It was such a success that we hope to host *Operation Transformation 2018* early in January, so watch this space. As a side line to this we invited parents to participate in their own OT class with weigh in and measurements taken weekly followed by a fun exercise class. Everyone was very impressed by the results and are looking forward to the challenge again early in 2018.

In keeping with *Operation Transformation* theme Gloucester Street also had a 6 week programme in City Quay School titled '**Budget Cooking for Parents**'. Mark showed the parents cost effective ways to whip up tasty low cost dinners full of goodness and nutrition, staying away from processed foods. We are hoping to make this programme part of our curriculum again in 2018.



Gloucester Street's Co-ordinator Mark Lacey, an accomplished Iron Man is on his way to completing his ambitious 5 Majors Marathons. Already under his belt are Boston, Chicago, London, New York and Berlin. To top it off Mark will be heading to Lanzarote in December with Tokyo is in his line of sight next.

Another marathon close to Mark's heart is our very own SSE Airtricity Dublin City Marathon which Mark took part in on the 29th October; with his little running partner 12 year old



James Casserly who Mark pushed in his wheel chair the whole 26 miles. They couldn't have done it without each other!

So congratulations on all those success and good luck in all future endeavours.

Mark, Elaine and Amanda would like to wish staff, clients and community a very Happy Christmas, a peaceful New Year and so with 2017 almost behind us we look forward to welcoming 2018, a better healthier year for us all and we at Gloucester Street are here to help you on that healthier journey.



Wishing the Community a very Happy Christmas and a Peaceful New Year.